

For all in-person events the Virginia Hemophilia Foundation (VHF) will follow the [Centers for Disease Control \(CDC\) guidance for COVID-19 safety and prevention](#). This policy can be found on our [website](#) and will continue to be updated as CDC guidance changes.

**Please contact VHF with any questions or concerns at 804-740-8643 or [info@vahemophilia.org](mailto:info@vahemophilia.org).**

### **CDC's Respiratory Virus Guidance**

In addition to the virus that causes [COVID-19 \(coronavirus disease 2019\)](#), there are many other types of respiratory viruses, including flu and respiratory syncytial virus (RSV). This guidance provides practical recommendations and information to help people lower risk from a range of common respiratory viral illnesses, including COVID-19, flu, and RSV.

#### [Preventing Respiratory Viruses](#)

#### [Immunizations for Respiratory Viruses](#)

#### [Hygiene and Respiratory Virus Prevention](#)

#### [Taking Steps for Cleaner Air for Respiratory Virus Prevention](#)

#### [Preventing Spread of Respiratory Viruses When You're Sick](#)

#### [Masks and Respiratory Virus Prevention](#)

#### [Physical Distancing and Respiratory Viruses](#)

#### [Testing and Respiratory Viruses](#)

**While taking part in in-person events held or sponsored by VHF**, consistent with [CDC guidance](#), participants are encouraged to help to protect yourself and others and practice basic health and hygiene. **When attending a VHF event, you agree to assume all risks, both known and unknown, and assume full responsibility for your participation.**

#### **Do not plan to attend a VHF in-person event if:**

- You are sick or have any [symptoms](#).
- You have been [exposed to a respiratory virus](#) within the past 5 days.

### **VHF Event Cancellation Policy**

We have a no-questions-asked cancellation policy. Whether you experience a bleed right before traveling or have been exposed to COVID-19, we understand that emergency and illness are out of your control. We ask that you remember to cancel your registration ASAP so that VHF does not incur any extra costs in paying for no-shows or late cancellations.