JULY 1, 2020 - JUNE 30, 2021
GRATITUDE REPORT
Mission

Dedicated to serving and supporting the needs of those impacted by a bleeding disorder through education, advocacy and community.

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As we wrap up another fiscal year, I am reflecting on how much we have all gone through since March of 2020. When we finished our last strategic planning process in 2018, we knew that the needs of the community were changing. New therapies were on the market that would impact quality of life, gene therapy was the hot topic of the moment, and community members were living longer than ever before. We knew at that time we would need to be resilient, flexible, and responsive to the needs of our members in this changing landscape. What we did not have any way of predicting is the global pandemic that has affected all our lives and changed everything we have done as an organization—in ways that have been challenging and at times positive.

In fiscal year 2020-2021, VHF has worked hard to continue to provide quality, tailored educational programs, robust year-round advocacy efforts, and opportunities for our community to come together, despite meeting virtually. We streamlined some of our internal infrastructure to be better stewards to our donors and decided to close our physical office location and have our employees work remotely.

As we move forward into program planning for next year, we have some exciting new developments that should allow us to come together in meaningful ways. We look forward to continuing to maintain our creativity, flexibility, and access to a virtual meeting space, but we are also very much looking forward to hopefully seeing you in person this spring or summer!

What will come our way in 2022 is unclear, but VHF is ready to explore the opportunities and see what is possible. We plan to address future challenges head-on and begin a new strategic planning process with a sense of hope and optimism. The path is uncertain—but we have amazing community members, donors, supporters, and volunteers leading the way, and that is what will allow us to continue to succeed in serving the bleeding disorder community.

Thank you for all that you do!
When you make a donation to VHF, you are supporting a myriad of programs and services throughout the year that directly impact individuals living with bleeding disorders and their immediate family members.

Despite the pandemic, VHF continued to build community and offer support through programs, such as: a monthly electronic newsletter with chapter updates and timely resources on topics like COVID-19 and bleeding disorders, financial assistance and mental health and 40 virtual education sessions that included popular programs such as Camp Youngblood, Community Game Nights, Rap Sessions for Men and New Families, Craft Nights, Advocacy Chats, a Medical Symposium, and more!

Thanks to the Colburn-Keenan Foundation Inc.'s COVID-19 Community Relief Grant Program, we were able to partner with Virginia’s Hemophilia Treatment Centers (HTC's) to offer over $2,500 in grocery gift cards to benefit individuals and/or families.

For additional financial details visit: [connectva.org/groups/virginia-hemophilia-foundation/financials/](http://connectva.org/groups/virginia-hemophilia-foundation/financials/).

**REVENUE AND EXPENSE DETAILS**

*From Audited Financial Statements July 1, 2020 through June 30, 2021*

**Net Assets: $1,592,414**

- **Sponsorships 64.3%**
  - $366,469
- **PPP Funds 7.8%**
  - $44,254
- **Fundraising 11.8%**
  - $42,477
- **Admin. 10.1%**
  - $36,350
- **Advocacy 17.1%**
  - $61,902
- **Investments & Disposal of Assets 9.5%**
  - $53,850
- **Business Donations 2.2%**
  - $12,663
- **Grants 6.8%**
  - $38,688
- **Individual Donations 4.8%**
  - $27,539

During Fiscal Year 2020 - 2021, 78 cents of every dollar went to serving the inherited bleeding disorders community!
BOARD OF DIRECTORS

Thank you 2020-2021 Board of Directors for donating your time and talents!

President Sarahbeth Spasojevich
Vice President Kathy Mortimer
Treasurer Donald G. Smith
Secretary Tory Gilliam

Directors
Debbie Baugher
Kate Breitbeil
Monika Eiden
Murai Johnson
Ann Kendall
Sarah Waniewski
Megan Whiteaker

The Board of Directors is the governing body of VHF. Board members meet periodically to discuss and vote on the affairs of the organization, to support the work of VHF, and to provide mission based leadership and strategic governance. For information about serving on the Board of Directors, contact Kelly Waters at kelly@vahemophilia.org.

The National Hemophilia Foundation Chapter (NHF) of Excellence Award is given to chapters that demonstrate excellence in achievement of standards and best practices evaluated through a rigorous chapter review process. VHF is one of only three chapters to obtain the six-star status. We have demonstrated diligent efforts in the following areas: Volunteer Management, Fundraising and Development, Governance and Board Leadership, Advocacy and Public Policy, Programs and Services, and Partnership in shared initiatives with NHF.

VHF is honored to meet the Better Business Bureau (BBB) 20 Standards for Charity Accountability. A BBB Wise Giving Alliance evaluation of our organization found that we met all 20 of the BBB Standards for Charity Accountability which address charity governance, finances, effectiveness reporting, appeal accuracy, website disclosures and donor privacy. Charities that meet all these standards are called Accredited Charities. These standards also go beyond the requirements of local, state, and federal laws.
MEET THE VHF TEAM!

**Kelly Waters** Executive Director

"I have had the honor of serving as VHF’s executive director since May 2006. I can’t believe how fast the time has gone. It has been wonderful seeing the kids grow-up, hearing about your lives, and learning from you. I feel so fortunate to be part of the Virginia bleeding disorders community. This year has been one of creativity and flexibility! I am most proud that VHF has been able to shift our programs to a virtual format and continue to provide advocacy, education, and a sense of community during this time. One of the things I have particularly enjoyed doing recently is cooking. I like the challenge of purchasing what is on sale at the grocery store and then choosing recipes from there. We have had quite the variety with very few recipes made twice."

**Heather Conner** Program & Communication Director

"Since February of 2011 I have had the privilege of serving the bleeding disorders community. I had no idea when I started that I would be here for ten years - what an amazing decade of growth and change it has been! When people ask what I do at VHF I often joke that I send emails for a living and now I have had to change my answer to say that I Zoom for a living! I am so proud of our team and the way we have transitioned to virtual and I am so proud of the many community members that have joined us for the many virtual programs, committee meetings, advocacy check-ins, and so much more."

**Megan Schowengerdt** Development Director

"I have served with VHF as the Development Director since November of 2017 and I have truly enjoyed getting to know the community and seeing our culture of philanthropy change and grow. I love working with our Unite Walk Team Captains and helping them see the power in sharing their stories while giving back to the inherited bleeding disorders community! Shifting to virtual has really challenged our community to think creatively about fundraising and that is exciting to see! From Facebook birthday fundraisers to utilizing the Unite Walk app, we have come a long way from e-mail only fundraising and candy sales. I hope we continue to see growth in these areas as we move back into in-person in 2022."

**Becky Bowers-Lanier** Advocacy Consultant

"Since 2008, I’ve had the pleasure of working with VHF as your advocacy consultant. I don’t feel almost 14 years older, but my pictures indicate that that is the case! One fun fact: since COVID has come into my life, I’ve discovered two jigsaw puzzle apps, and I’ve become addicted to them! I have three devices with both apps loaded onto each, so at any one time, I have six puzzles going. I’m in puzzle heaven. VHF asked me to relay how COVID has changed the work we do. From the advocacy perspective, while we have reduced our face-to-face involvement with policymakers, we’ve increased our ability to meet with them virtually—from anywhere at almost any time, and that is a good thing!"

**Sarah Covert** Accountant

"After 18 fabulous, fun, (and at times) challenging years as a stay-at-home mom of three sons, I was thrilled to join Warren Whitney, a local management consulting firm, for an opportunity to delve back into my accounting career. In March 2017, I visited my first client VHF. From the start, I could see that everyone involved with VHF works together seamlessly to achieve the meaningful mission of the organization. I felt fortunate to partner with the VHF team and contribute to their efforts through my collaboration and accounting support. More recently, I have had a behind-the-scenes glimpse at the tireless work and extensive effort expended to quickly and effectively pivot from in-person to virtual events. During the past months of changes and challenges, I am grateful to work with such talented and dedicated individuals who are professional, knowledgeable, and innovative. It is an absolute privilege and delight to be a part of the VHF team."
EDUCATION

Congratulations to our Lyman Fisher Scholarship Winners!

The **Lyman Fisher Scholarship** was established to honor Dr. Lyman Fisher, a teacher, researcher, and clinician in hemostasis. For many years, he directed the adult hemophilia program for Virginia. He will be remembered for his steadfast commitment to his patients and students, his respect for those who served under him, his community service, and his affection for his family.

During the 2021 March Bleeding Disorders Awareness Month Campaign you helped us raise $6,367 (our goal was $2,500!) which allowed us to increase our Lyman Fisher Scholarship awards from two recipients to four!

**Nick Cleghorn**

"I really appreciate being selected for the VHF Lyman Fisher scholarship. Living with Hemophilia has always had its challenges, but the support of the Hemophilia community and learning from others has been of great support to me. In the fall, I will be attending Chowan University and majoring in business management while also playing baseball. This scholarship, along with the support of my family and the community, will help me achieve my goal of being a student athlete in college. Thanks for believing in me and granting me this opportunity."

**Alexander Krecek**

"This scholarship means a lot to me because it will help me continue my studies at a school that actually allows me to major in something that I am truly passionate about. Every little bit helps relieve some of the stress that the rising costs of going to college brings with it."

**Eden Laubscher**

"This scholarship will help pursue my dreams of going to college to become a teacher. It will help me pay for my tuition at James Madison University, where I will study elementary education. I am so thankful for this opportunity that will help me further my education."

**Josiah Walker**

"Thank you so much for this offer. I am excited to accept this scholarship not because it will help me afford school, but also because it is from a community that has played such a vital role in my life. I am thankful for this award, the Hemophilia community and looking forward to attending college."
As a VHF volunteer, I serve on both the Development, and Program committees and as VHF’s Hemophilia Federation of America (HFA) representative. I also serve on the VHF Advocacy Committee in partnership with the Hemophilia Association of the Capital Area (HACA).

I want to extend my appreciation to our VHF leadership, professional staff, legislative advocates and Advocacy committee chair Ann Kendall for their work during another challenging year. Like most community members, I spent much of my time wearing a mask, washing my hands, and participating in Zoom meetings given COVID risks. COVID didn’t slow me or VHF’s advocacy activities.

I gathered virtually with other VHF volunteers at The NHF’s “Washington Days” where we told our stories to legislators and staff in support of essential appropriations to fund HTCs, government-sponsored research, and community data collection and analysis.

VHF’s advocacy chats introduced us to Delegate Kathleen Murphy (34th District, Virginia House of Delegates) so we could learn more about the passage of HB 1995 that created the Rare Disease Advisory Council and its proposed scope of work. And the Virtual Advocacy Stakeholder and Education Meeting had great talks from Delegate Dawn Adams (68th District, Virginia House of Delegates) and other advocacy leaders to ensure we were up to date on state and federal issues.

The General Assembly weekly updates kept me informed on VHF’s continued advocacy for health insurance that does not negatively impact individuals with pre-existing conditions and opposed plans that do. For example, VHF has actively opposed association health plans (AHPs) because they do not provide adequate coverage for bleeding disorders. Fortunately, support for AHP legislation diminished in 2021. In addition, I learned about Virginia establishing a reinsurance program aimed at decreasing the overall cost of health insurance plans sold on the state marketplace. VHF also didn’t forget the hot topic of COVID Vaccines and invited NHF President and CEO Leonard Valentino, M.D. to join the virtual medical conference where he discussed such things as COVID’s impact to the bleeding disorders community and advocated for vaccinations.

Although VHF was virtual this year, I still had the opportunity to learn more about the advocacy issues that affect those with bleeding disorders and was able to be actively engaged. I hope you will consider joining me this year as we continue our advocacy efforts.
CONTRIBUTIONS

Over the next two pages are individuals who have made a financial contribution in FY 2020-2021. VHF is so grateful to you all. If we inadvertently omitted or misspelled your name, please accept our apologies.

Patron Friend | $1,000+
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Jeff & Christine Krecek
Marty & Natalie Kaszubowski
George & Cyndi Stone

Sustaining Friend | $250-$999
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Kristin & Bernie Arnoldi
Lamont Banks
Matthew Berg
Robert & Donna Bordone
Zack & LeAnn Bordone
Becky Bowers-Lanier
Travis & Mei-Ling Campbell
Shanthil Charlton
Todd & Becky Christensen
TJ & Monika Eiden
Brad & Kendall Fitzpatrick
Bethany Hunter
Vivek & Marian Kshetrapal
Rick & Julia LeFevre
Kevin & Dorothy O’Connor
Jean Parnell
Marquita Reinhardt & Brandon Taggart
Mike & Ashley Silva
Donald & Beth Smith
Steven & Sarahbeth Spasojevich
Tom & Candy Spasojevich
Michael Fatsi & Polly Stephens
Randy Stone
Sarah Waniewski
Kelly Waters
Barbara Wheatley

Contributing Friend | $100-$249
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Brian & Stephanie Bartko
Debbie & Wesley Baugher
Shalu Bhambhani
Suman Bhatia
Christopher & Carla Boucher
Paul & Frances Brayshaw
Kate Breitbeil
Edmund & Amanda Brooks
Jim & Fran Brooks
John Burnett
Matt Campbell
Virginia Chandler
Kenneth Cooke
Steve & Sarah Covert
Colin & Krista Davidson
Cory Dunn
Thomas Eiden
Patricia Falls
Joe Fink
Kathy Gause
Marc Gilgannon
Tory Gilliam
Pam Gleason
Guy Grundman
William Horton
Robertta Hylton
Diane Interdonato
Erik Jaynes
James & Mural Johnson
Mike Johnson
Aaron Jordan
Jon & Carol Joyce
David & Ann Kendall
Robert & Theresa Kitts
Michael Lee
Boyd Lewis
Deborah Lohmeier
Gita Massey
David & MaryAnn McCrum
John & Patricia McFadden
Linda Mills
Randy & Kathy Mortimer
Judie Mullins
Luke Olenick
Aaron Parks
Sharie Parks
Linda Price
Betsy Rhodes
Megan Rodman
Dianne Rust
Mike Scantlin
Mike Schoffield
Megan Scholz
Fredi Smith
Barbara Smith
Edwin & Teresa Smith
Vicky Hawk & Shelby Smoak
Michael Therrien
Joseph Tiegner
Kim Trentham
Laura Unruh
Suzanne Vaughan
Tara Wagner
DeeAnn Wagner
Eric & Amy Walker
Allison Wolfe
Allen & Barbara Young
Peter Ziehl

Friend of VHF | $5 - $99
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Jennifer Adrian
Andrea Annas
Linda Andrey
Megan Arrington
Tony Atlas
Judy Bagato
Sara Bailey
Ryan Ball
Susan Ballesteros
Michelle Banton
Jennifer Barnes
Kathy Bartko
Karen Bartko
Linn Barton
Erl Beano
Jessica Bell
Sreepad Bhagwat
Brenda Biktkofer
Dan Blakeslee
Nachar Boutin
Pamela Bowman
James Breitbeil
Kenneth & Heather Brinkley
Marilyn Brister
Amber Brister
Peggy Britton
Aaron & Eileen Bunn
Rachel Bunn
Adriana Campos
Victor Canacci
Ian Cassell
Shannon Colby
Lain Conley
Heather Conner
Bernard Cooley
Mindy Cooper
Luis Coppa
Chris Coster
Kelsie Cotman
Matt Cox
Melissa Dart
Alison Davidson
Arch Davis
James Davis
Charlie Dawson
Shawn Decker
Penny DeFilippi
Donna Deicken
Bunty & Andrea Dharamsi
Paula Diesfenderfer
Jacqueline Dietz
Chris Dolan
William Donatelli
Marianne Droney
Jenifer Duck
Lauren Dunn
Mari Dyer
Kat Edwards
James Eiden
Kevin Ellis
Jen Erator
Mark & Deborah Estienne
Shelly Evans
Keira Feagley
Chasidy Felton
Keith Forsythe
Gene Friedman
Morris Gadsden
John Gallshorn
Tammy Gaudet
Natasha Gealey
Dwight & Kathleen George
Janet Gibson
Gina Gilbert
James Goalder
Michael Goodrow
Will Gordon
Lisa Graf
Jessica Graham
Scott Grieser
Erin Hackett
Tami Harlan
Frederick & Carlene Harmeling
Tawheed Haroon
Sara Haroon
Kerry Hartman
Debra Hedgcock
Gwen Heekin
Krystn Helen


SUPPORTING ORGANIZATIONS
Below are organizations which have made a financial contribution in FY 2020-2021. If we inadvertently omitted or misspelled your name, please accept our most sincere apologies.
WAYS TO GIVE
Thank you for your support of VHF and for helping us to serve the inherited bleeding disorders community in Virginia!

Legacy Society
You can be a part of VHF’s Legacy Society by remembering VHF in your estate plan or will. In doing so, you will directly impact the lives of people living with inherited bleeding disorders. You will also touch the lives of those who might someday be affected – your special gift to us will have a lasting impact. For more information call 804-740-8643 or email kelly@vahemophilia.org.

Hope Society
Make a monthly gift to be part of our Hope Society - a special group of people whose commitment to the ongoing operations and the future of VHF help give hope to those living with inherited bleeding disorders. Your monthly gift will make a difference - no matter the amount. Sign up for a monthly donation and see other ways to give back at vahemophilia.org.

Hope Society Donors 2020-2021: Jeff and Christine Krecek, Donald and Beth Smith, Steve and Sarahbeth Spasojevich, Kelly Waters, Sarah Waniekewski, and Barbara Wheatley

CHC: Creating Healthier Communities
VHF is a member of CHC: Creating Healthier Communities’ workplace giving campaign in Virginia. Thank you to the following individuals who pledged support through the 2020 statewide CHC Campaign: Heather Brinkley, Taryn Marie Denham, Shelly Evans, and Kamala Lannetti. We would also like to thank Mandy Baker, Michael Baker and Charles White for their workplace giving in 2020 through United Way of South Hampton Roads.

VHF has been approved to participate in the 2021 Commonwealth of Virginia Campaign, running through January 15, 2022. To donate to VHF with the state employee campaign (Local Government and Schools United Way), direct your donation to #06043.

Unite For Bleeding Disorders Walk
The VHF community came together on October 10th, 2020, in support of our first-ever virtual Unite for Bleeding Disorders Walk. Thank you to everyone who contributed to the success of this event! Whether you fundraised, sponsored, donated, or shared your story with your friends and family, your hard work paid off and made a BIG impact. Together with sponsorship and matching gifts, you raised an amazing $32,262 – we are so grateful!

Special thanks go out to our Top 3 Teams in 2020: Star City Bleeders, Team Lukasz, and Marian’s All Stars

Top Individual Walkers: Colin Davidson, Monika Eiden, and Vivek Kshetrapal.
COMMUNITY MEMBERS

VHF community members were a big part of our transition from in-person to virtual - thank you all for showing up and learning with us!

Davida Wickline
"Wade and I live in Hardy, VA near beautiful Smith Mountain Lake. Our first VHF event was First Step Program for New Families at Maymont in Richmond, when Wade was still in a stroller. We met a man named Terry Lamb that day who became a resource for our son with Severe Hemophilia A. Terry gave me hope that everything would be ok, and Wade would live a long life, unlike my father who passed away from complications of hemophilia when I was 2.5 years old. Wade is 17 years old now and he is currently a senior who enjoys mountain biking, rock climbing and is also taking welding classes at Central Virginia Community College in Lynchburg, VA.

"As a parent I appreciate all the advice, helpful hints, friendship and love the VHF Family has given us throughout the years. Recently with the Covid-19 Pandemic, I have greatly missed seeing our VHF folks in person, but the virtual events have let us interact with others and continue to help one another through this strange new world we live in. I especially enjoy the Virtual Paint Night events. It's wonderful to see how everyone brings out their creative sides! Wade always sneaks in the video, even if he's not participating. We are so grateful for each and every member of VHF."

Regina Winner
"We are Jason, Regina and Evan Winner. Evan was discovered to have hemophilia after a bad knee sprain landing him in the hospital at the age of 3 (fun fact, we knew that hemophilia runs in my family but the pediatrician refused to get him tested at birth, even going so far to pull out a genogram to tell us it was impossible for him to have it!) That was about four years ago and since then we have become connected with the VHF community. Although we tried to attend events and be involved, I think going virtual really helped us in our busy lives to be connected even more. We love the virtual programs especially the fun atmosphere of game night and can't wait to see what else may be in store for the future!"

Kelsie Gail
"We are the Gail family. Our son, King (7) has Hemophilia B Severe. We have been a member of VHF since he was diagnosed at six months of age. As a family, we look forward to the holidays and hosting our annual pajama game night. We enjoy attending VHF events. We are so thankful we were able to continue virtually over the last 18 months. Attending virtually has allowed us to still feel connected to members, engage in fun activities, and learn about resources that are available. Our most favorite event was the holiday event last year, building gingerbread houses, meeting Santa, and playing trivia games. We look forward to this year’s event!"

Patricia DeRatto
"My family and I have been members of VHF for many years. My sons Daniel and Matthew are both severe VIII and my daughter, Rose and I are carriers. We are a family of animal lovers and between 3 households we have 14 cats and a few other assorted pets.

"This past 18 months have been challenging for all of us and we here are still trying to get used to the new normal. The virtual activities that the Chapter has been able to sponsor have been wonderful. Between Christmas parties, Paint Night and Camera On to name a few, this staff has been busy. I would have to say that I really enjoyed the Camera On night the best since I love to take pictures. It is nice to know that I am not the only one that grabs the camera to take pictures of seemingly random things. I am looking forward to the many new events in 2022 and for that day when the invitation can read, 'This is an in person event.' Going forward maybe the in person events can be attended virtually for those that cannot get to the event in person."
University of Virginia (UVA) Pediatric Program

“We did our first remote clinic in Bristol Virginia recently and saw 10 of our bleeding disorders patients from SW Virginia. We plan to do one remote visit per year and one in person visit with us traveling to them to save the patients the long drives to UVA. We are very excited to have this clinic now up and running!”
- Margy Sennett, RN BS CPNP CPON Peds Hem/Onc Senior Nurse Practitioner

University of Virginia (UVA) Adult Program

“UVA Health established an adult Hemophilia Treatment Center in May 2020 to complement services already provided by the pediatric HTC. UVA Hematologist Dr. Louise Man who leads the team became interested in offering comprehensive services to patients with bleeding disorders to provide improved comprehensive care and prevention services. We are grateful that Marc Gilgannon, our physical therapist, and Lindsay Comstock, our research nurse coordinator, have been able to join us on HTC days from the pediatric team, so patients transitioning from pediatrics to the adult clinic can see some familiar faces! Julie Armatas is our clinic nurse practitioner and enjoys getting to know our patients and their families. Starting a new clinic during a pandemic is a challenge, but we are grateful to see our patients in person again!”
- Adonice D’Atre, MSW, LCSW, Clinical Social Worker

Children’s Hospital of The King’s Daughters (CHKD) Pediatric Program

"Despite the crazy yearish, we have been pretty productive adding some new members to our team, another nurse and another doctor! Like the rest of the world, we were doing some telehealth appointments, back in clinic, still doing some tele-health appointments. Seeing our patients back in-person has been reinvigorating. There is lots of laughing, singing, eating, and planning for the future of our bleeding disorder team. We can’t wait to be able to see our patients out at VHF events soon!!!"
- Megan Songer, MSW, LSW, Social Worker

Virginia Commonwealth University (VCU) Adult and Pediatric Program

“While VCU returned to in person clinical care last year, many of our team members continue to work hybrid schedules. We’ve become experts at conducting team meetings via Zoom and this has extended to our collaboration with VHF as well. Participating in virtual “First Steps” new family meetings has provided flexibility and broader access to both the community and HTC staff. HTC social workers have also met quarterly with the VHF team to discuss patient support and programming needs. Finally, the continued support through the VHF patient assistance program has been an invaluable resource during the uncertainty of the past 18 months.”
- Lauren Dunn, Social Worker
Each year, VHF recognizes at least three volunteers for their outstanding commitment to the mission of VHF. These individuals are nominated for the Volunteer of the Year Award, reviewed by our Board of Directors’ Executive Committee, and the winner is recognized in December of that calendar year. Below, check out our 2020 nominees and help us celebrate their contributions! Thank you so much to all of our volunteers for their time, their talent, and their dedication to the mission of VHF.

Marquita Reinhardt
Marquita has been a constituent of VHF since her son Matthew, now 13, was diagnosed with Severe Hemophilia Factor 8 deficiency with an inhibitor. She has been an active volunteer for all three years of the Unite Walk program and a committee member for the last two years. Marquita says, “I volunteer with VHF, because it is one way in which I can give back to my community. The VHF and its participants are my community. It is a community of blood brothers and sisters.”

Krista Davidson
Krista has been an active constituent since 2015. She is the co-chair of the VHF/HACA Advocacy Committee, has volunteered her time creating and facilitating numerous advocacy education sessions, was elected to HFA’s inaugural Advocacy Leadership Council, and is involved in fundraising for the VHF Unite for Bleeding Disorders Walk on the top team Star City Bleeders. Her team has made a huge impact on the walk program and she has organized a paint night and community yard sale to raise funds for the team. At the VHF/HACA Virtual Advocacy Chat in April 2020, Krista shared her personal story of working in a hospital setting during this time of COVID-19: “It’s not known when we’re going to end up on the other side of this and despite the grim picture, I am hopeful too. As much negativity as we see, there is a plethora of positivity to help counteract it. The human connection is inspiring.”

Tory Gilliam
Tory Gilliam serves as VHF Board Secretary and is serving his third year on the Board of Directors. Tory works as Senior Event Producer at MOSAIC Catering for his professional job. He also is a member of three VHF committees: Scholarship, Governance and the Red Tie Fundraiser and makes many valuable contributions in those roles. “Giving back through non-profit work is something that I’ve always been passionate about. Throughout my career in the event world, I’ve worked with a variety of non-profit organizations. With VHF, I’ve been able to see firsthand, the impact of fundraisers, advocacy activities and volunteer efforts.”

Monika Eiden
Monika Eiden is a community member and active volunteer with the Chapter as a member of the Board of Directors. Monika has been involved with VHF in a leadership role for eight years and constantly finds new ways to contribute to the success of the organization with a strong focus on the needs of the community. Monika has led a strong fundraising effort for the Unite for Bleeding Disorders Walk in honor of her brother Lukasz and is consistently in the top teams for fundraising. She led a Board “challenge” last fall to inspire others to give back to the organization by organizing their own walk teams and served on the Unite Walk Committee in 2020. “My involvement with Virginia Hemophilia Foundation began in 2012 almost exactly 4 years after my brother Lukasz, who had severe Hemophilia A, died from a brain bleed (third in his lifetime). He was 23 years old. His death shattered my world and left a big hole in my heart. Once I went through all stages of grief, I wanted to do something meaningful to honor Lukasz’s memory and carry on his legacy.”
2022 CALENDAR

Changes to the calendar are possible, contact VHF to confirm event details.

January
17th – Virtual Advocacy Education Meeting
18th & 25th – General Assembly Weekly Check-in
27th – Virtual Education “Keeping and Maintaining Health Insurance During Uncertain Times”

February
1st, 8th, 15th & 22nd – General Assembly Weekly Check-in
10th – Virtual Community Event “Valentine's Day Crafts”
20th – Virtual Education + Connection “Spark Your Curiosity – Escape Room”

March BLEEDING DISORDERS AWARENESS MONTH (BDAM)
1st - 2nd - NHF Washington Days (Virtual)
1st, 8th, & 15th – General Assembly Weekly Check-in
(TBD) Virtual New Family Education & Support
27th – Community Event “BDAM Celebration” TopGolf (Richmond)

April
20th – 22nd - HFA Symposium: San Antonio, TX
28th - Education + Connection “World Hemophilia Day Event” (TBD)

May
8th – 11th – WFH World Congress: Montreal, Canada
14th – Women’s Retreat (TBD)

June
25th - Annual Education Meeting (TBD)
26th – Community Event & Unite Walk Kick-Off (TBD)

July
15th-17th – Family Camp at Camp Holiday Trails (Charlottesville)

August
25th – 27th – NHF Bleeding Disorders Conference: Houston, TX

September
(TBD) Virtual Advocacy Chat

October
15th - Medical Symposium at Great Wolf Lodge (Williamsburg)
16th - Unite for Bleeding Disorders Walk at Great Wolf Lodge (Williamsburg)

November
5th – 6th - Men’s Retreat (TBD)
(TBD) Advocacy Stakeholder & Education Meeting (Virtual)

December
10th – Winter Gatherings (TBD)