2016 - 2017 Fiscal Year Report from the Board President & Vice President

It’s the time of year to reflect on accomplishments and look ahead to another year of educating, advocating, and building community. This has been a rewarding time for both of us and we are grateful to celebrate the closing of another exciting fiscal year (July 1, 2016 to June 30, 2017) AND we look forward to a successful future. Check out our website at vahemophilia.org to learn even more!

Highlights of this past fiscal year include:

- Active attendance at national meetings and trainings. In fact, we had the largest turn-out ever for our annual advocacy training and Richmond Days and the largest Virginia constituency at National Hemophilia Foundation’s (NHF) Washington Days.
- Educational programs that continue to shine with strong attendance, excellent speakers, and creative venues. We take pride in our ability to offer a variety of topics on issues that are important to our members as we continue to expand programs throughout the entire state. A program highlight this year was at our annual meeting with presenter Connie Montgomery, who led an interactive session called "Patchwork Quilt", where we recognized our similarities and celebrated diversity in the bleeding disorders community.
- The Science Museum of Virginia was one of more than 40 landmarks around the world to recognize World Hemophilia Day by lighting the outside of the museum for the "Lite It up Red" campaign on April 17th.
- Ongoing positive relationships with our partners (i.e. hemophilia treatment centers, industry sponsors, coalition members, national organizations), which are instrumental in fulfilling VHF’s mission. For example, we received NHF’s capacity building grant to recruit and hire a new full-time position, a Development Director, and received a Colburn Keenan Grant to refresh our website.
- Being a proud recipient of 4 out of 5 Distinction Awards from NHF. The 4 areas are NHF Partnership, Programs & Services, Advocacy & Public Policy, and Governance & Board Leadership.
- Continued community support in the form of scholarships for national meetings, college, and enrichment opportunities, as well as our family assistance program.
- Success at our 3 signature fundraisers - Bowling for Bleeding Disorders, Spring Fundraiser and Silent Auction, and Trick or Trot 5K and Fun Walk. We hope you will become part of these growing and “FUN” events that directly benefit the work and services that VHF provides to you.
- Process and operational tasks like updating VHF’s Bylaws and Articles of Incorporation, electing a new board member, and successfully transitioning to a new executive committee.
- Dedicated board members and staff, who continue to focus on serving the community and working on wrapping up VHF’s latest strategic plan. Check out the refreshed website where you can find a link to our new brochure, and downloadable resources that were developed to support school health personnel, dentists, EMS, and emergency rooms.

The best is yet to come and VHF looks forward to another productive year. Join us at an educational program or community event and we hope you will consider volunteering to serve on a committee, participating in one of our 3 signature fundraisers or simply making a financial donation. Your support and active involvement is what makes VHF such a special and vibrant organization! We can’t wait for you to meet our new Development Director, Megan Schowengerdt, who will expand our potential resources and help us reach even more Virginians impacted by bleeding disorders. This addition comes at a perfect time, as we will also start to develop our next strategic plan during the summer of 2018. We welcome you to get involved at any level, you can reach us at info@vahemophilia.org or 804-740-8643.
Board of Directors 2016 - 2017

Board of Directors Officers
Murai Johnson, President
Elizabeth Leftwich, Vice President
Monika Eiden, Secretary
Kathy Mortimer, Treasurer

General Board Members
Kelly Cartwright, Megan Lawson, Jean Parnell, Sara Rakestraw, Sarahbeth Spasojevich, Daniel Warren, Michael Welshonce

MISSION Dedicated to serving and supporting the needs of those impacted by a bleeding disorder through education, advocacy, and community.

VISION Become the recognized voice and go-to resource for those impacted by a bleeding disorder.

Financial Statement 2016 - 2017

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>6/30/2017</th>
<th>6/30/2016</th>
<th>$ Change</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash, Cash Equivalents, and Investments</td>
<td>$1,071,486</td>
<td>$907,254</td>
<td>$164,232</td>
<td>18.10%</td>
</tr>
<tr>
<td>Total Fixed Assets</td>
<td>$5,634</td>
<td>$6,813</td>
<td>- $1,179</td>
<td>-17.31%</td>
</tr>
<tr>
<td>Total Assets</td>
<td>$1,077,120</td>
<td>$914,067</td>
<td>$163,053</td>
<td>17.84%</td>
</tr>
</tbody>
</table>

| LIABILITIES, ACCRUED PAYROLL, & TAXES |  |  |  |  |
|--------------------------------------| | | | |
| Total Liabilities | $10,144 | $12,086 | $1,942 | -16.07% |

| NET ASSETS |  |  |  |  |
|------------| | | | |
| Total Net Assets | $1,066,976 | $901,981 | $164,995 | 18.29% |
| Total Liabilities and Net Assets | $1,077,120 | $914,067 | $163,053 | 17.84% |
VHF strives to provide programs and events throughout Virginia that are inclusive of all groups within our community (i.e. parents, men, women, newly diagnosed families, teens, and children), with a wide variety of relevant topics such as advocacy, inhibitors, strengthening your relationships, financial planning, social media, and health.

<table>
<thead>
<tr>
<th>Event</th>
<th>Program</th>
<th>Location</th>
<th>Date</th>
<th>Attendees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camp Youngblood at Camp Holiday Trails</td>
<td>Charlottesville</td>
<td>7/24-29/2016</td>
<td>59</td>
<td></td>
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<tr>
<td>Teen Education and Advocacy Event</td>
<td>Richmond</td>
<td>8/6/2016</td>
<td>12</td>
<td></td>
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<tr>
<td>Celebrate Summer with Riverside Outfitter’s</td>
<td>Richmond</td>
<td>8/7/2016</td>
<td>62</td>
<td></td>
</tr>
<tr>
<td>Educational Dinner - Constructive Conversations</td>
<td>Chesapeake</td>
<td>8/11/2016</td>
<td>32</td>
<td></td>
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<tr>
<td>Back to School Picnic at Ocean Breeze Waterpark</td>
<td>Virginia Beach</td>
<td>8/27/2016</td>
<td>92</td>
<td></td>
</tr>
<tr>
<td>Educational Brunch and Community Event—Cirque Du Soleil</td>
<td>Roanoke</td>
<td>9/18/2016</td>
<td>41</td>
<td></td>
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<tr>
<td>Family Retreat Weekend at Great Wolf Lodge</td>
<td>Williamsburg</td>
<td>9/24-25/2016</td>
<td>196</td>
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<tr>
<td>Educational Dinner - Legislative Advocacy</td>
<td>Richmond</td>
<td>9/29/2016</td>
<td>10</td>
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<tr>
<td>Educational Dinner - How to Communicate with Your Child’s School</td>
<td>Virginia Beach</td>
<td>10/6/2016</td>
<td>26</td>
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<tr>
<td>Adult Retreat</td>
<td>Staunton</td>
<td>10/8-9/2016</td>
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<tr>
<td>Celebrate Fall Community Event at Shenandoah Caverns</td>
<td>Quicksburg</td>
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<tr>
<td>Women’s Night Out at the Glass Spot</td>
<td>Richmond</td>
<td>11/3/2016</td>
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<tr>
<td>Educational Dinner - Step It Up</td>
<td>Harrisonburg</td>
<td>11/10/2016</td>
<td>13</td>
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<tr>
<td>Educational Lunch and Community Event - Ripley’s Museum</td>
<td>Williamsburg</td>
<td>11/12/2016</td>
<td>41</td>
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<tr>
<td>Educational Dinner and Community Event - Boardwalk Holiday Lights</td>
<td>Virginia Beach</td>
<td>12/1/2016</td>
<td>58</td>
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<tr>
<td>VHF/HTC Winter Gathering</td>
<td>Charlottesville</td>
<td>12/10/2016</td>
<td>48</td>
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<tr>
<td>VHF/HTC Winter Gathering</td>
<td>Norfolk</td>
<td>12/10/2016</td>
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<tr>
<td>VHF/HTC Winter Gathering</td>
<td>Richmond</td>
<td>12/10/2016</td>
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### Programs and Events January - June 2017

<table>
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<tr>
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<th>Program</th>
<th>Location</th>
<th>Date</th>
<th>Attendees</th>
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</thead>
<tbody>
<tr>
<td>Advocacy Training and Richmond Days</td>
<td>Richmond</td>
<td>1/15-16/2017</td>
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<tr>
<td>Educational Dinner - Emotional Well Being</td>
<td>Chesapeake</td>
<td>1/26/2017</td>
<td>23</td>
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<tr>
<td>Educational Dinner - Emergency Room</td>
<td>Richmond</td>
<td>2/16/2017</td>
<td>31</td>
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<tr>
<td>Educational Dinner and Community Event - Admirals Hockey Game</td>
<td>Norfolk</td>
<td>2/25/2017</td>
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<tr>
<td>Educational Dinner and Community Event - Harlem Globetrotters</td>
<td>Richmond</td>
<td>3/10/2017</td>
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<td>Women’s Night Out - Culinary Institute of VA</td>
<td>Norfolk</td>
<td>3/16/2017</td>
<td>18</td>
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<tr>
<td>Educational Dinner - Emergency Room</td>
<td>Richmond</td>
<td>3/23/2017</td>
<td>16</td>
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<tr>
<td>Adult Retreat</td>
<td>Richmond</td>
<td>3/25-26/2017</td>
<td>20</td>
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<tr>
<td>First Step Program at Metro Zoo Richmond</td>
<td>Richmond</td>
<td>4/1/2017</td>
<td>23</td>
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<tr>
<td>World Hemophilia Day Event</td>
<td>Virginia Beach</td>
<td>4/20/2017</td>
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<tr>
<td>Educational Lunch and Community Fishing Event</td>
<td>Rockville</td>
<td>4/29/2017</td>
<td>36</td>
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<tr>
<td>Educational Dinner - No Sweat</td>
<td>Roanoke</td>
<td>5/4/2017</td>
<td>8</td>
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<tr>
<td>Educational Lunch and Community Event at Top Golf</td>
<td>Virginia Beach</td>
<td>5/7/2017</td>
<td>57</td>
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<tr>
<td>Family Weekend at Camp Holiday Trails</td>
<td>Charlottesville</td>
<td>5/19-21/2017</td>
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<tr>
<td>Educational Dinner - Emotional Well Being</td>
<td>Richmond</td>
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<tr>
<td>Batter Up Community Event at Harbor Park</td>
<td>Norfolk</td>
<td>6/3/2017</td>
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<tr>
<td>Educational Dinner - Managing Pain</td>
<td>Winchester</td>
<td>6/8/2017</td>
<td>25</td>
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<tr>
<td>Educational Lunch and Community Event at VA Safari Park</td>
<td>Natural Bridge</td>
<td>6/10/2017</td>
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<tr>
<td>VHF Annual Education Meeting</td>
<td>Richmond</td>
<td>6/23-24/2017</td>
<td>109</td>
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### Fundraisers July 2016 - June 2017

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Date</th>
<th>Attendees</th>
<th>Net Income</th>
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</thead>
<tbody>
<tr>
<td>Trick or Trot 5K and Fun Walk</td>
<td>Midlothian</td>
<td>10/29/2016</td>
<td>129</td>
<td>$34,393</td>
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<tr>
<td>Bowling for Bleeding Disorders</td>
<td>Richmond &amp; Chesapeake</td>
<td>3/4/2017</td>
<td>197</td>
<td>$35,120</td>
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<tr>
<td>Spring Fundraiser and Silent Auction</td>
<td>Richmond</td>
<td>4/23/2017</td>
<td>105</td>
<td>$35,676</td>
</tr>
</tbody>
</table>
Meet Sue, your CoRe Manager

Hello! I’m Sue Cowell, and I previously served as Executive Director of Hemophilia of North Carolina. I’m also a CoRe Manager for Bioverativ. It is my job to connect you with others in the community, share insights taken from my personal experience, introduce our educational programs, and to support you on your journey. I am here so we can take action together!

Contact me!
Sue.Cowell@bioverativ.com | 609.602.6303
Family Assistance Program ~ During the 2016/2017 fiscal year VHF provided $3,130.33 in assistance for such things as Medic Alert bracelets, gas and grocery cards, rent, utilities, and medical services.

Lyman Fisher Scholarship ~ Established to honor Dr. Lyman Fisher, a teacher, researcher, and clinician in hemostasis who for many years directed the adult hemophilia program in Virginia. Scholarships are one-year awards in the amount of $2,000.

- 2017 Winners: Daniel Warren and Jackson White

Scholarships to Attend a National Meeting ~ VHF is pleased to offer Educational Scholarships for National Meetings. National Meetings enable our community to come together and exchange information on a wide variety of topics, from the basics of diagnosis to the most relevant developments in treatment and technology.

- July 21 - 23, 2016 - NHF’s 68th Annual Meeting in Orlando, FL - Attended by James Johnson and Family and Faith Winstead and Family
- March 8 - 10, 2017 - NHF’s Washington Days - Attended by Krista Davidson and Family, Ann Kendall and Family, and Amy Walker and Family
Introducing Leadership U, a paid summer internship* for full-time college students whose lives have been touched by hemophilia. Work alongside leaders at Bayer, meet with advocacy groups in New York City and Washington, DC, and start shaping the future of the hemophilia community.

*Includes lodging and transportation costs

Now Accepting 2018 Summer Internship Applications at

LivingWithHemophilia.com/Lead2018
Contributions

Listed below are individuals and organizations who have made a financial contribution from July 1, 2016 – June 30, 2017. The Virginia Hemophilia Foundation is so grateful to you all. If we inadvertently omitted or misspelled your name, please accept our most sincere apologies.

ORGANIZATIONAL DONATIONS

Accredo
AmazonSmile
Aptevo Biotherapeutics LLC.
Bayer Pharmaceutical
Berry’s Produce and Flowers LLC.
Bioverativ
Bon Secours Health System, Inc.
CVS CaremarkRx-Specialty Pharmacy
Colbum-Keenan Foundation Inc.
Community Health Charities of VA
Comprehensive Health Education Services
Cottrills Pharmacy
CSL Behring
Diplomat Specialty Infusion Group
DrugCo Health/DDP Pharmacy, Inc.
Genentech
Grifols
Hemophilia Association of NJ
Hemophilia Federation of America
His & Hers Investments LLC.
HPC Specialty Pharmacy, LLC.
Inalex Communication
Kroger Community Rewards
Markel Corp.
Matrix Health Group
National Hemophilia Foundation
Novo Nordisk, Inc.
Octapharma USA, Inc.
Option Care
PayPal Giving Fund
Pfizer
Patient Services Inc.
Hoos at Home
Shire
Soleo Health
Superior Biologics, Inc.
The Hemophilia Alliance Foundation
United Way of South Hampton Roads

INDIVIDUAL DONATIONS

Anderson, Alison
Anderson, Amy
Apajok, Deng
Arrington, Robyn
Bailey, Sara
Baldwin, Lisa
Baucom, Cathy
Beary, Valerie
Beck, Bruce
Bedard, J ohn
Bell, Pamela

Bickley, Michelle
Biegun, Mary
Boniface, Jennifer
Bordone, Bryce
Bordone, Donna
Bordone, Richard
Bordone, Zack
Bradley, Shea
Branam, Gene
Branam, Walter
Brayshaw, Dana
Brayshaw, Paul
Brinkley, Heather
Brooks, Deborah
Brown, Beverly
Brown, Deborah
Bruce, Brenda
Bunn, Aaron & Eileen
Bunn, William
Cady, Nick & Taylor
Cartwright, Kelly
Caughran, Patricia
Cheeks, Sara
Chritiansen, Heather
Conner, Heather
Covert, Sarah
Cowell, Sue
Cox, Joe
Cox, William
Coy, Karen
Cro, Cha
Dabney, Wayne
Davis, Deborah
Dean, Kendall
Deschields, Stephen
Dotson, Christine
Doud, Bev
Droney, Mari
Dunn, Cory
Ebersole, Alicia
Eiden, Monika
Elmore, Lisa
Emerson, Donna
Ensinger, Robert
Eubank, Wendy
Evans, Melanie
Falls, Patsy
Falwell, James
Fatsi, Michael
Fick, Lucy
Freeman, Alyssa
Gaskins, Bonnie
George, Dwight & Kathleen
Ghenea, Alex
Ghenea, Serban
Gigannon, Marc
Ginnow, Chris
Goergen, Peter & Joann
Gosser, David
Granger, Nancy
Guajardo, Nicole
Hahn, Nick
Hammack, Melissa
Hamelings, Frederick
Haskins, Laura
Hokoyama, Kristin
Hudnall, William
Hunter, Bethany
Jacob, Mark
Johnson, Charles & Mary
Johnson, Jared
Johnson, Murai
Kasubick, Katie
Kaszubowski, Natalie
Keller, Carrie
Kelley, Elizabeth
Kendall, Chris
Kendall, David & Ann
Kennedy, Sarah
King, Edward
King, Margaret
Kinnear, Andrea
Kitts, Theresa
Kminek, Christina
Krecik, Jeff & Christine
Kuhn, Shawn
Latina, Melanie
Leftwich, Elizabeth
Lerner, Paul
Marshall, Laura
McCauley, Virginia (Ginny)
Mciver, Freda
Mead, Henry
Midura, Barbara
Mills, Linda
Mitrano, Darlene
Moore, Angie
Morgan, Kathryn
Motimer, Katherine
Mulderig, Shane
Mustoe, Gayle
Nassar, Heather
Noble, Stacey
O’Keefe, Brent
Pamell, J ean
Parron, J r., J ohn
Patella, Diana
Patterson, Christopher
## INDIVIDUAL DONATIONS

- Peerson, Brian & Lisa
- Pettitt, Carol
- Pope, Jodi
- Porche, Schuyler
- Porter, Kim
- Pratt, Cherl
- Prudencio, Maritess
- Prudencio, Robin Cruz
- Raddin, Ryan
- Rakestraw, Sara
- Rashid, Qasim
- Reyes, Juvy & Lamberto
- Riddle, Rosa
- Robertson, Megan
- Ruotolo, Kelly
- Sands, Dianne
- Scantlin, Mike
- Scantlin, Tawan
- Scarborough, Katherine
- Shaw, William
- Shomaker, Susan
- Silverberg, Sherene
- Smith, Barbara
- Smith, Jane
- Smith, Peggy
- Smith, Terry
- Spasojevich, Candace
- Spasojevich, Lawrence
- Spasojevich, Steven & Sarahbeth
- Stone, David & Theresa
- Tayema, Krista
- Taylor, Conley & Elizabeth
- Taylor, Jennifer
- Tillinghast, Joe
- Tinkham, Chase
- Townsend, Lamar
- Tretham, Kim
- Tucker, Sue
- Valentino, Jason
- Valentino, Nicole
- Vander, Death
- Walden, Katie
- Walker, Shanelle
- Walker, Virginia Anne
- Walton, Linda
- Waters, Kelly
- Warren, Daniel & Lydia
- Weber, Jay
- Wehrly, John
- Weisleder, Shannon
- Welshonce, Jeffrey & Debbie
- Welshonce, Michelle
- West, Jerry & Michele
- Wheatley, Michael & Barbara
- Whitworth, Jennifer
- Wiley, Amanda
- Willford, Joel
- Willford, Lany & Debbie
- Winstead, Betty
- Winstead, Faith
- Woody, Tina
- Yeager, Richard
- Yorkey, Merlene
- Young, Allen
- Young, Barbara
- Zavala, Ilsen Daniela
- Zuber, Kelly

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**Superior Biologics**

**MAKING A DIFFERENCE IN BLEEDING DISORDERS, ONE PATIENT AT A TIME!**

Areas of Service:
- Insurance experts
- Personal representative
- Full range of clotting medications prescribed by your doctor
- Ongoing education
- Skilled nursing

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**Thank You Volunteers**

We would like to thank all the individuals who volunteered their time and energy in 2016/2017 - we couldn’t do what we do without you!
A Note From Our New Development Director

I’m so excited to join the team here at the Virginia Hemophilia Foundation (VHF)! This is an exciting time for growth and change for the organization, and I have heard wonderful things about all the people who are involved - from the board members and committee volunteers to the overall bleeding disorders community in Virginia. I welcome the opportunity to meet with any of our constituents moving forward who have ideas on how we can raise funds more effectively, and who are passionate about VHF and the amazing programs we offer. My career has been exclusively in the non-profit sector and I love working with organizations like VHF that are making an impact on the communities they serve - your passion makes me excited to come to work every day. I look forward to growing our individual giving and peer-to-peer fundraising, creating best-in-class events and exploring additional opportunities for fund development as the landscape changes within healthcare. Please connect with me anytime if you want to be a part of our progress! You can reach me at megan@vahemophilia.org.

Support Us with a Year-End Gift
The holidays are an amazing time to give back to your community, and we would love for YOU to be a part of our growth in 2018! As you buy gifts for your family and friends, please support VHF with a completely tax-deductible year-end gift. To get you motivated, look at the impact your gift can make:

- $2000 pays for a Lyman Fisher College Scholarship
- $1000 supports Educational Scholarships for National Meetings
- $500 helps send a child to a week of Camp Youngblood
- $250 provides one family emergency assistance
- $100 supports member assistance at our annual state education meeting
- $50 pays for a lifesaving Medic Alert Tag

OR donate any amount and spread the word with friends and family who may also want to make a difference. Check and see if your employer offers matching gifts and double your impact! Visit vahemophilia.org and click on the “donate now” button or mail your donation made payable to “Virginia Hemophilia Foundation” to 410 Ridge Rd., Ste. 215, Richmond, VA 23229.

Thank you for all your support of VHF!
Megan Schowengerdt | VHF Development Director

Small Actions, Big Impact

- **Shop:** When you shop online this holiday season and use smile.amazon.com, designate VHF as your preferred charity!
- **Register:** Make sure to register your Kroger plus card at Kroger.com/account/enroll CommunityRewards Now. Add our nonprofit #: 85417
- **Bring a Friend:** When you introduce new people to VHF and encourage them to attend a fundraising event, it can help us grow exponentially!
- **Match your Gift:** Many companies have matching gift programs, employee give back programs, company sponsorships and/or participate in a workplace campaign through Community Health Charities. Connect with VHF to help get your employer supporting what we are doing!
HemMobile® Striiv Wearable—
GET THE MOST OUT OF ACTIVITY TRACKING

**HemMobile® App + Striiv Wearable**

- **TRACK ACTIVITY**
  Track your heart rate, steps, distance, calories, and duration

- **TRACK BLEEDS**
  Photograph, map, and log each bleed

- **TRACK INFUSIONS**
  Record the date, time, and location of every infusion

- **SHARE REPORTS**
  Create consolidated reports to share with your treatment team
  To begin tracking, the HemMobile® Striiv Wearable must be paired with the HemMobile® app.

Claim your FREE HemMobile® Striiv Wearable —
visit www.HemMobileWearable.com

Pfizer will not have access to any personal information you enter into HemMobile®.
HemMobile® is not intended for curing, treating, seeking treatment for, managing or diagnosing a specific disease or disorder, or any specific health condition.
Virginia Hemophilia Foundation 2018 Calendar

Changes to the calendar are possible, call 804-740-8643 to confirm event details

**January**
14th - Advocacy Training and Richmond Days (Richmond)
25th - Educational Dinner (Tidewater Region)

**February**
2nd - Overnight at the VA Aquarium (Virginia Beach)
8th - Women’s Night Out (Virginia Beach)
22nd - Educational Dinner (Richmond)

**March – Bleeding Disorders Awareness Month**
3rd - Bowling for Bleeding Disorders Fundraiser (Richmond and Chesapeake)
7th - 9th - NHF Washington Days (Washington DC)
10th - Educational Lunch and Community Event (Richmond)
12th - Scholarship Due for NHF Annual Meeting in Orlando
22nd - Educational Dinner (Roanoke)
24th - 25th Adult Retreat (Virginia Beach)

**April**
14th - World Hemophilia Day Community Event (TBD)
17th - World Hemophilia Day
22nd - Spring Fundraiser and Silent Auction (Richmond)
26th - 29th - HFA Symposium (Cleveland, OH)
27th – 29th - Family Weekend at Camp Holiday Trails (Charlottesville)
30th - Camp Youngblood Online Application Due

**May**
1st - Lyman Fisher Scholarship Application Due
3rd - Educational Dinner (Richmond)
5th - First Step Program for New Families (Virginia Beach)
19th - Educational Dinner and Batter Up Community Event (Norfolk)
31st - Educational Dinner (TBD)

**June**
8th - 9th - Annual Education Meeting (Newport News)
14th - Educational Dinner (Winchester)
23rd - Educational Dinner and Community Event (Lynchburg)

**July**
8th - 13th - Camp Youngblood at Camp Holiday Trails (Charlottesville)

**August**
3rd - 5th Teen Weekend (Washington DC)
9th - Educational Dinner (Roanoke)
18th - Celebrate Summer Community Event (Virginia Beach)

**September**
8th - Back to School Picnic (TBD)
13th - Educational Dinner (Tidewater Region)
15th – 16th - Family Retreat Weekend at Great Wolf Lodge (Williamsburg)
27th - Women’s Night Out (Richmond)

**October**
5th - 7th - Teen Retreat at Camp Holiday Trails (Charlottesville)
11th - 13th - NHF Annual Meeting (Orlando, FL)
18th - Educational Dinner (TBD)
27th - Trick or Trot 5K and Fun Walk (Richmond)

**November**
3rd - Celebrate Fall Community Event (Western Region)
15th - Educational Dinner (Harrisonburg)
17th - Educational Lunch and Community Event (Tidewater Region)

**December**
8th - HTC Winter Gatherings (Charlottesville, Norfolk and Richmond)
13th - Educational Dinner and Community Event (Norfolk)
2018 Fundraisers Save The Date!

Bowling for Bleeding Disorders | March 3rd
Bowling for Bleeding Disorders Fundraiser is scheduled from 2 pm to 4 pm at two locations: AMF Sunset Lanes in Richmond and AMF Lanes in Chesapeake. In order to bring awareness and attention to those living with an inherited bleeding disorder this event is hosted in March during Bleeding Disorder Awareness Month.

This fundraiser was developed to raise money to support Camp Youngblood at Camp Holiday Trails. Camp Youngblood is a weeklong camp designed to promote fun and learning for children and teens with bleeding disorders, their siblings, and children of those with bleeding disorders. This camp is offered at no cost to the campers, but it does cost VHF approximately $500 per camper. Help us reach our goal of $35,000 this year by registering to bowl, making a personal donation, and creating and sharing your fundraising page. To register and/or donate visit tinyurl.com/VHFbowling2018 and get started today! Questions? Contact Megan Schowengerdt at 804-740-8643 or megan@vahemophilia.org.

Spring Fundraiser | April 22nd
Join VHF with your friends, family and colleagues in support of our mission and in celebration of spring at the beautiful and scenic Boathouse at Rockett’s Landing by the James River in Richmond! Attendees will enjoy heavy hors d’oeuvres and cocktails, live music and an incredible silent auction. Every spring the inherited bleeding disorders community gather their friends and family in a beautiful and unique venue to celebrate and support the work of VHF. This fundraiser is open to the entire community (ages 21 and over). Event registration information will be sent out soon, make space on your calendar for this can’t-miss event!

Trick or Trot 5K and Fun Walk | October 27th
Join VHF for a fall race and walk the entire family can enjoy. Trick or Trot is a fun and healthy way to show your support for all whose lives are impacted by inherited bleeding disorders. Teams and individuals can register to fundraise in support of VHF and our programs. Last year’s event raised nearly $35,000 and we are hoping with your help to reach a goal of $45,000 in 2018!

Participants can run a 5K course, walk a one mile route, or cheer on the kids in our Monster Dash, a 100-yard fun run for kids 12 and under. Costumes are highly encouraged and you won’t want to miss the pre-race Halloween party with DJ, food, and more! Registration info and kickoff information coming soon!
National and State Advocacy Efforts
Thank you for your continued and diligent advocacy on behalf of the bleeding disorders community! Since Washington Days in March, our chapter has been busy keeping up with the federal permutations of the House’s ACA Repeal and Replace and through the several Senate versions that finally failed in September. Your efforts helped to educate our members of Congress on our key issues: the critical importance of preserving insurance for pre-existing conditions, the elimination of lifetime insurance caps, the provision of essential health benefits and the continuation of Medicaid benefits. To note - our Washington advocacy work is not finished; we may see re-emergence of ACA repeal and replace attempts continue. Though we hope that a bipartisan fix for the ACA will prevail, we must remain vigilant. The Virginia Advocacy Work Group, made up of members of the Virginia Hemophilia Foundation (VHF) and the Hemophilia Association of the Capital Area (HACA), continue to come together via conference call to discuss the impact of national legislation on the state level; in October, Nathan Sc heaefer, Senior Policy Director at NHF, provided a summary of actions (and non-actions) at the federal level. We continue to monitor the build-up to the next General Assembly session through regular attendance at coalition and state agency meetings.

Advocacy Training and Richmond Days: Sunday, January 14 - Monday, January 15, 2018
During Richmond Days, VHF in partnership with HACA, schedules meetings with individual legislators that allow constituents to advocate and share their story. To RSVP go here: vahemophilia.org/event-program/2018-advocacy-training-and-richmond-days/.

During Advocacy Training on January 14th, our focus will be three-fold: a national update from Miriam Goldstein, a Sr. Policy Analyst with Hemophilia Federation of America, a discussion of our issues for General Assembly and an advocacy workshop for teens and adults: storytelling for impact – we’re going to breakdown the elements that create high-impact advocacy stories and help you create your message to deliver to your representatives on January 15 (and beyond).

On Monday, January 15th (Martin Luther King Jr. Day) Richmond Days participants will be in for a new experience as the “old” General Assembly Building (at the top of Capitol Hill) is currently under demolition to make way for a new building in 2021. For now, General Assembly offices are located at the Pocahontas Building at 900 E Main St. Since everyone attending Richmond Days will be new to this venue, we’ll do our best to be good tour guides; flexibility will be key! We hope to see you there.

Ann Kendall, VA Advocacy Work Group Chair | Becky Bowers-Lanier, VHF/HACA Advocacy Consultant
Scholarships

VHF is proud to offer many scholarship opportunities for the Virginia bleeding disorders community. All applications and guidelines can be found on our website under the Programs & Services tab. As a reminder, we will NOT have a drawing for the NHF Annual Meeting at this year’s VHF Annual Education Meeting, so don’t miss out - Apply today!

Scholarships to Attend National Meetings These educational scholarships enable our community to come together and exchange information on a wide variety of topics, from the basics of diagnosis to the most relevant developments in treatment and technology. It is the premier opportunity for networking and support for individuals and families affected by bleeding disorders.

- NHF Annual Meeting in Orlando, FL - October 11 - 13, 2018 Application Deadline March 12, 2018
- NHF Washington Days Advocacy Event - March 7 - 9, 2018 Application Deadline December 15, 2017

Meet with your elected officials and make your voice heard on issues that affect you! The scholarship covers registration and hotel expenses.

Lyman Fisher Scholarship Deserving members of the Virginia bleeding disorder community and their families are eligible for a $2000 annual scholarship for secondary or higher education. Two $2000 scholarships are available. Applicants must live in the territorial jurisdiction of VHF and have prior participation with the chapter. Application Deadline May 1, 2018

Terry Lamb Enrichment Scholarship The Terry Lamb Enrichment Scholarship focuses on leadership, volunteerism and/or health promotion. The scholarship can be used for any program (i.e. camp, educational/ life skill classes, fitness programs or activities, etc.) that enhances one’s self-esteem, confidence, overall health, leadership skills, areas of interest, development of life skills, and volunteerism. This scholarship is year round and there is no deadline to apply.

Signature Programs

VHF is proud to partner with Hemophilia Association of the Capital Area (HACA) and Camp Holiday Trails (CHT) to offer the following programs in 2018:

Family Weekend - April 27 - 29, 2018
Weekend event filled with education, support, and fun for the whole family! This weekend is open to families affected by inherited bleeding disorders.

Camp Youngblood - July 8 - 13, 2018
Kids and teens enjoy a week of traditional camp fun and learning with others that are faced with similar challenges. Camp Youngblood is for children with inherited bleeding disorders, their siblings, and children of members of the inherited bleeding disorder community that reside within the VHF/HACA coverage area.

Teen Retreat - October 5 - 7, 2018
Fun, challenging, educational weekend just for teens. The focus is on motivating teens to find their inner leader and give them tools they can take away and use in their everyday life. Plus, there is plenty of time for hanging out and getting to know other teens in the inherited bleeding disorders community.

Online applications will be available in December 2017. Visit the CHT website to learn more: campholidaytrails.org/dates-application/. For questions contact CHT’s Camp Coordinator, Chris Shifflett, campgood@campholidaytrails.org or by calling the camp office at (434) 977-3781, extension 304.
About Facts N’ Factors

This newsletter is a service to the bleeding disorders community. The material provided in the newsletter is for your general information. VHF does not give medical advice or engage in the practice of medicine. We recommend that you consult your physician or treatment center before changing or pursuing any course of treatment.

Feedback and contributions to this newsletter are welcome and appreciated. Contributions in the form of letters to the editor, articles, member spotlights, and photographs can be submitted for publication by contacting Heather Conner via email at admin@vahemophilia.org.

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