It’s that time of year to reflect on our past accomplishments and look ahead to another year of educating, advocating, and building community. This has been a rewarding time for the both of us and we are grateful to celebrate the closing of another exciting fiscal year (July 1, 2015 - June 30, 2016). 

**Highlights of this past fiscal year include:**

- Active attendance at national meetings, advocacy days, and trainings. We were honored to co-present “How it Works: Program Planning at the Local Level” at HFA’s 2016 Annual Symposium and lead a Chapter Roundtable discussion on Teen Programming at NHF’s 2015 Annual Meeting
- Winning two 2015 NHF Awards of Distinction for our Newsletter and Teen Retreat
- Our educational programs which continue to shine with strong attendance, excellent speakers, and creative venues. We take pride in our ability to offer diverse topics on issues that are important to our members as we continue to expand programs throughout the entire state
- Rewarding relationships with our partners (i.e. hemophilia treatment centers, industry sponsors, coalition members, national organizations), which are instrumental in fulfilling VHF’s mission
- Continued community support in the form of scholarships for national meetings, college, and enrichment opportunities, as well as our family assistance program
- Our 3 signature fundraisers - Bowling for Bleeding Disorders, Wine Tasting and Silent Auction, and Trick or Trot 5K, which are growing in number and in the level of “FUN” that is reported
- Our dedicated Board of Directors and staff, who continue to focus on serving the community and on addressing VHF’s strategic plan. 

**Completed strategic plan initiatives include:**

- An updated logo
- Adding and hiring a new office manager
- Resources that support school health personnel, dentists, EMS, and emergency rooms
- Strengthening committees by welcoming new members and identifying committee chairs
- The introduction and implementation of board engagement tools

The best is yet to come and we hope you will consider taking the time to get more involved and share your talents and gifts. Join us over the next year to advocate with our legislators, volunteer to serve on a committee, attend a fundraising event, come to an educational or community event, or simply make a financial donation. Your support and active involvement is what makes VHF such a special and vibrant organization. Please do not hesitate to contact us anytime at 804-740-8643, info@vahemophilia.org or go to our website to learn more about the exciting path VHF is on!
MISSION  Dedicated to serving and supporting the needs of those impacted by a bleeding disorder through education, advocacy, and community.

VISION  Become the recognized voice and go-to resource for those impacted by a bleeding disorder.

Financial Statement 2015 - 2016

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>6/30/2016</th>
<th>6/30/2015</th>
<th>$ Change</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash, Cash Equivalents, and Investments</td>
<td>$907,254</td>
<td>$767,808</td>
<td>$139,446</td>
<td>18.2%</td>
</tr>
<tr>
<td>Total Fixed Assets</td>
<td>$6,813</td>
<td>$4,600</td>
<td>$2,213</td>
<td>48.1%</td>
</tr>
<tr>
<td>Total Assets</td>
<td>$914,067</td>
<td>$772,408</td>
<td>$141,659</td>
<td>18.3%</td>
</tr>
</tbody>
</table>

| LIABILITIES, ACCRUED PAYROLL, & TAXES         |           |           |           |          |
| Total Liabilities                            | $12,086   | $7,880    | $4,206    | 53.4%    |

| NET ASSETS                                   |           |           |           |          |
| Total Net Assets                             | $901,981  | $764,528  | $137,453  | 18.0%    |
| Total Liabilities and Net Assets             | $914,067  | $772,408  | $141,659  | 18.3%    |
VHF strives to provide programs and events throughout Virginia that are inclusive of all groups within our community (i.e. parents, men, women, newly diagnosed families, teens, and children), with a wide variety of relevant topics such as advocacy, inhibitors, strengthening your relationships, financial planning, social media, and health.

<table>
<thead>
<tr>
<th>Event</th>
<th>Program</th>
<th>Location</th>
<th>Date</th>
<th>Attendees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camp Youngblood at Camp Holiday Trails</td>
<td></td>
<td>Charlottesville</td>
<td>7/26-7/31/2015</td>
<td>42</td>
</tr>
<tr>
<td>Educational Dinner - Managing Health Care</td>
<td></td>
<td>Winchester</td>
<td>8/6/2015</td>
<td>16</td>
</tr>
<tr>
<td>NHF Annual Meeting</td>
<td></td>
<td>Dallas, TX</td>
<td>8/13-8/15/2015</td>
<td>13</td>
</tr>
<tr>
<td>CEO Program for Teens and their Caregivers</td>
<td></td>
<td>Virginia Beach</td>
<td>8/22/2015</td>
<td>32</td>
</tr>
<tr>
<td>Educational Dinner - HFA Advocacy</td>
<td></td>
<td>Virginia Beach</td>
<td>8/22/2015</td>
<td>48</td>
</tr>
<tr>
<td>Celebrate Summer at The Adventure Park</td>
<td></td>
<td>Virginia Beach</td>
<td>8/23/2015</td>
<td>73</td>
</tr>
<tr>
<td>Educational Dinner - Self Advocacy</td>
<td></td>
<td>Richmond</td>
<td>9/16/2015</td>
<td>15</td>
</tr>
<tr>
<td>Family Overnight at Great Wolf Lodge</td>
<td></td>
<td>Williamsburg</td>
<td>9/19/2015</td>
<td>222</td>
</tr>
<tr>
<td>Educational Dinner - Pain Management</td>
<td></td>
<td>Virginia Beach</td>
<td>10/15/2015</td>
<td>18</td>
</tr>
<tr>
<td>Educational Dinner - Constructive Conversations</td>
<td></td>
<td>Staunton</td>
<td>11/3/2015</td>
<td>12</td>
</tr>
<tr>
<td>Adult Retreat</td>
<td></td>
<td>Virginia Beach</td>
<td>11/7-11/8/2015</td>
<td>13</td>
</tr>
<tr>
<td>Educational Lunch - Healthy Eating - Event at VA Air &amp; Space Center</td>
<td></td>
<td>Hampton</td>
<td>11/14/2015</td>
<td>56</td>
</tr>
<tr>
<td>Women’s Night Out a Paint Nite Event</td>
<td></td>
<td>Richmond</td>
<td>11/18/2015</td>
<td>12</td>
</tr>
<tr>
<td>VHF New Office Open House</td>
<td></td>
<td>Richmond</td>
<td>11/22/2015</td>
<td>25</td>
</tr>
<tr>
<td>Educational Dinner - My Body My Factor - Event at Garden Fest of Lights</td>
<td></td>
<td>Richmond</td>
<td>12/8/2015</td>
<td>54</td>
</tr>
<tr>
<td>VHF/HTC Winter Gathering</td>
<td></td>
<td>Charlottesville</td>
<td>12/12/2015</td>
<td>37</td>
</tr>
<tr>
<td>VHF/HTC Winter Gathering</td>
<td></td>
<td>Norfolk</td>
<td>12/12/2015</td>
<td>42</td>
</tr>
<tr>
<td>VHF/HTC Winter Gathering</td>
<td></td>
<td>Richmond</td>
<td>12/12/2015</td>
<td>46</td>
</tr>
</tbody>
</table>
Programs and Events January - June 2016

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Date</th>
<th>Attendees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocacy Training and Richmond Days</td>
<td>Richmond</td>
<td>1/17-1/18/2016</td>
<td>80</td>
</tr>
<tr>
<td>Educational Dinner - Being More Active</td>
<td>Chesapeake</td>
<td>1/28/2016</td>
<td>22</td>
</tr>
<tr>
<td>Educational Dinner - Get Off Your Aspirations</td>
<td>Richmond</td>
<td>2/11/2016</td>
<td>21</td>
</tr>
<tr>
<td>Educational Lunch - Healthy Lifestyle - Event at the Monster Truck Show</td>
<td>Richmond</td>
<td>2/20/2016</td>
<td>80</td>
</tr>
<tr>
<td>Educational Dinner - Staying Active</td>
<td>Roanoke</td>
<td>3/9/2016</td>
<td>18</td>
</tr>
<tr>
<td>Community Event at Topgolf</td>
<td>Virginia Beach</td>
<td>3/20/2016</td>
<td>61</td>
</tr>
<tr>
<td>HFA Symposium</td>
<td>Las Vegas, NV</td>
<td>3/31-4/3/2016</td>
<td>7</td>
</tr>
<tr>
<td>Educational Dinner - Healing Power of Music</td>
<td>Virginia Beach</td>
<td>4/7/2016</td>
<td>26</td>
</tr>
<tr>
<td>First Step Program at the VA Living Museum</td>
<td>Newport News</td>
<td>4/9/2016</td>
<td>21</td>
</tr>
<tr>
<td>Women’s Night Out at the Escape Room</td>
<td>Virginia Beach</td>
<td>4/14/2016</td>
<td>15</td>
</tr>
<tr>
<td>Teen Retreat at Camp Holiday Trails</td>
<td>Charlottesville</td>
<td>4/29-5/1/2016</td>
<td>17</td>
</tr>
<tr>
<td>Educational Dinner - Joint Health</td>
<td>Roanoke</td>
<td>5/5/2016</td>
<td>23</td>
</tr>
<tr>
<td>Educational Dinner - Using Fitness to Fight Back - Event at Dave &amp; Busters</td>
<td>Virginia Beach</td>
<td>5/12/2016</td>
<td>40</td>
</tr>
<tr>
<td>Educational Lunch - Cracking the Code - Event at Frontier Museum</td>
<td>Staunton</td>
<td>5/14/2016</td>
<td>48</td>
</tr>
<tr>
<td>Family Weekend at Camp Holiday Trails</td>
<td>Charlottesville</td>
<td>5/20-5/22/2016</td>
<td>29</td>
</tr>
<tr>
<td>Batter Up Community Event at Harbor Park</td>
<td>Norfolk</td>
<td>6/4/2016</td>
<td>71</td>
</tr>
<tr>
<td>VHF Annual Education Meeting</td>
<td>Charlottesville</td>
<td>6/17-6/18/2016</td>
<td>114</td>
</tr>
<tr>
<td>Educational Dinner - Dental Care</td>
<td>Winchester</td>
<td>6/30/2016</td>
<td>14</td>
</tr>
</tbody>
</table>

Fundraisers July 2015 - June 2016

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Date</th>
<th>Attendees</th>
<th>Net Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amazing Raise</td>
<td>Online</td>
<td>9/16-9/17/2015</td>
<td>37</td>
<td>$2,244</td>
</tr>
<tr>
<td>Trick or Trot 5K</td>
<td>Midlothian</td>
<td>10/31/2015</td>
<td>75</td>
<td>$27,377</td>
</tr>
<tr>
<td>Bowling for Bleeding Disorders</td>
<td>Richmond &amp; Chesapeake</td>
<td>3/5/2016</td>
<td>250</td>
<td>$37,915</td>
</tr>
<tr>
<td>Wine Tasting and Silent Auction</td>
<td>Richmond</td>
<td>4/24/2016</td>
<td>101</td>
<td>$22,261</td>
</tr>
</tbody>
</table>
Introducing... my Access

Tap into My Access to help manage your condition—or your loved one’s—in a cost-effective manner
designed

to help you cover the out-of-pocket costs associated with your therapy

ACCESSED through the My Source™ program

Available for reenrollment every year

For more information or to enroll, call the My Source Hotline at 1-800-676-4266 to speak with a My Source Care Coordinator.


www.facebook.com/HemophiliaAndU
www.facebook.com/vonWillebrandAndU
https://twitter.com/MySourceCSL
http://instagram.com/MySourceCSL
Community Support and Resources

**Family Assistance Program** ~ During the 2015/2016 fiscal year VHF provided $3,108.98 in assistance for such things as Medic Alert bracelets, gas cards, rent, utilities, school support, NHF educational materials, and medical services.

**Lyman Fisher Scholarship** ~ Established to honor Dr. Lyman Fisher, a teacher, researcher, and clinician in hemostasis who for many years directed the adult hemophilia program in Virginia. Scholarships are one-year awards in the amount of $2,000.
- 2016 Winners: Jackson White and Patti Williford

**Scholarships to Attend a National Meeting** ~ VHF is pleased to offer Educational Scholarships for National Meetings. National Meetings enable our community to come together and exchange information on a wide variety of topics, from the basics of diagnosis to the most relevant developments in treatment and technology.
- August 13 - 15, 2015 - NHF’s 67th Annual Meeting in Dallas, TX - Attended by Maranacci and Elijah Wilson
- February 24 - 26, 2016 - NHF’s Washington Days - Attended by Ann Kendall and family and Eric Walker and family
- March 31 - April 2, 2016 - HFA’s Symposium in Las Vegas, NV - Attended by Kelsie Gail and family and Davida Wickline and family

**Terry Lamb Enrichment Scholarship** ~ To support an individual’s pursuit of leadership, volunteerism and/or health promotion.
- Fall 2015 - Awarded to Greta Hayden-Pless for airfare to attend Leading X Program
- Winter 2016 - Awarded to Jack Spasojevich to attend computer coding classes
- Spring 2016 - Awarded to Lucille Craig to assist in receiving Child Care Certification

**Hemophilia Treatment Center Support** ~ Throughout the year VHF provides financial support to HTCs for clinic lunches, gas cards, educational brochures, and staff attendance at educational meetings.
- April 14 - 16, 2016 - Thrombosis and Hemostasis Society of North America (THSNA) Summit - Attended by Jan Kuhn, RN, MPH, Program Manager, Central Virginia Center for Coagulation Disorder, Virginia Bleeding Disorders Program
- July 24 - 28, 2016 World Federation of Hemophilia Congress - Attended by Melinda Nolte, RN, Bleeding Disorders Nurse Consultant VCU - HTC

“I think having Hemophilia has made me more aware of the compassion that people with disabilities require since I understand the hardships with living with a chronic medical condition. Thank you for the privilege to be the recipient of the VHF Lyman Fisher Scholarship. Also thank you to VHF for their support and education to reduce the impact of hemophilia in my life.” - Jackson White | VHF Member
Contributions

Listed below are individuals and organizations who have made a financial contribution from July 1, 2015 – June 30, 2016. The Virginia Hemophilia Foundation is so grateful to you all. If we inadvertently omitted or misspelled your name, please accept our most sincere apologies.

**ORGANIZATIONAL DONATIONS**
Accredo
Amazon.com/Amazon Smile
AHF, Inc. - A Diplomat Company
Baxalta
Bayer
Biogen
BioRx - A Diplomat Company
Bon Secours Health System, Inc.
Bravelets
Colburn-Keenan Foundation Inc.
Commonwealth Energy Systems
Community Health Charities of VA
Cotrill's Pharmacy, Inc.
CSL Behring
CVS/Caremark Specialty Pharmacy
DrugCo Health
Emergent BioSolutions
Garry Campbell's State Farm Agency
Grifols
Hemophilia Federation of America
HPC Specialty Pharmacy
Hoos at Home
Inalex Communications
Kedrion Biopharma Inc.
Krecek Kakes
Matrix Health Group
Medpro Rx - A Diplomat Company
National Hemophilia Foundation
Novo Nordisk, Inc.
Octapharma
Option Care
PACT Foundation
Patient Services, Inc.
PayPal Giving Fund
Pfizer
Soleo Health
Superior Biologics
The Hemophilia Alliance Foundation
The White Family Foundation
United Way of Hopewell-Prince George
United Way of South Hampton Road

**INDIVIDUAL DONATIONS**
Adams, Sabrina
Alexander, Dean and Kim
Allen, Taylor
Ama, Donyetta
Anonymous
Arrington, Robyn
Arthur, Cindy
Arzadum, Virginia

Bailey, Nicole
Banton, Michelle
Barber, Alison
Barker, Benjamin
Barrows, Phillip
Bartko, Myron and Kathleen
Battle, E.C.
Becker, Sara
Beers, Dana
Belton, Steven
Bickley, Michelle
Boehmer, Crystal
Bordone, Donna
Bordone, Zack
Bowen, Alyssa
Bowers-Lanier, Becky
Branam, Sue and Walter
Breitbeil, Catherine
Bridges, Jeff
Brooks, Fran
Brown, Beverly
Buhl, Alexander
Bunn, Heather and William
Burkhart, Michele
Cady, Nicholas
Caffee, Christopher
Campbell, Martha
Cartwright, Kelly
Chapman, Jason
Cheeks, Sara
Civiello, James
Collins, T. Patrick
Conner, Heather
Coventry Family
Cowell, Charlene E.
Cowell, Sue
Cruz-Prudencio, Robin
Dalton, Julie
Dashiell, David and Amber
Davidson, Krista and Colin
Dean, Kendall
DeRatto, Patricia
Derbyshire, Matt
DeSio, Chandler
Diego, Paul and Laura
Dill, Wesley
Dowless, Carol
Droney, Mari
Dubreuil, Lisa
Dudash, Marc
Duesing, Lary and Joan
Dunn, Lauren
Ebert, Reid
Pfizer Hemophilia Connect
Call one number to access all of our resources

Whatever questions you have, we'll help find an answer—
call Pfizer Hemophilia Connect
1.877.744.5675 and select option 2

The Pfizer Factor Savings Card*
$12,000 annual support for eligible patients in 4 simple steps—the card can be used to help cover copay, deductible, and coinsurance costs associated with Pfizer factor products.

Pfizer RxPathways®
Eligible patients can save up to $10,000 with this comprehensive assistance program that provides a range of support services.

Trial Prescription Program*
A one-time, 1-month supply up to 20,000 IU of Pfizer product delivered at no cost to your door.

Community Resources
Learn about support programs like HemMobile®, Patient Affairs Liaisons, scholarship assistance, and the educational speaker series.

*Terms and conditions apply; visit PfizerFactorSavingsCard.com for complete terms and conditions. For commercially insured patients only. Medicare/Medicaid beneficiaries are not eligible. The Card cannot be combined with any other rebate/coupon, free trial, or similar offer for the specified prescription. The card will be accepted only at participating pharmacies. This coupon is not health insurance.

If you have any questions about the use of the Pfizer Factor Savings Card, please call 1.888.246.5240 or send questions to Pfizer Factor Savings Program, 2250 Perimeter Park Drive, Suite 200, Morrisville, NC 27560. For more information, please visit www.HemophiliaVillage.com.

The Pfizer RxPathways Savings Card is not health insurance. For a complete list of participating pharmacies, visit PfizerRxPathways.com or call the toll-free number 1.877.744.5675.

There are no membership fees to participate in this service. Estimated savings is 36% and depends on such factors as the particular drug purchased, amount purchased, and the pharmacy where purchased. Pfizer RxPathways is a joint program of Pfizer Inc. and the Pfizer Patient Assistance Foundation®.

*Terms and conditions apply. You must be currently covered by a private (commercial) insurance plan. For questions about the Pfizer Hemophilia Trial Prescription Program, please call 1.800.701.3329 or write us at Pfizer Hemophilia Trial Prescription Program Administrator, MedFeature, PO Box 5736, Sioux Falls, SD 57117-5736. You may also find help accessing Pfizer medicines by contacting the Pfizer RxPathways Program.
Listed below are individuals and organizations who have made a financial contribution from July 1, 2015 – June 30, 2016. The Virginia Hemophilia Foundation is so grateful to you all. If we inadvertently omitted or misspelled your name, please accept our most sincere apologies.

**INDIVIDUAL DONORS**

- Eiden, James
- Eiden, Monika and TJ
- Eiden, Thomas
- Fatsi, Michael
- Fazel, Samira
- Fletcher, Karen
- Franklin, Walter and Beverley C.
- Fuller, Ernestine
- Gaier, Ronald
- Gail, Kelsie
- Gavin, John
- George, Eric
- George, Jennifer
- George, Kathleen
- Gilgannon, Marc
- Glynn, John
- Goergen, P.J.
- Grant, Sarah
- Hairston, Philip
- Hameling, Fredrick
- Hamold, Judith
- Harts, Ava and Justin
- Hash, Avian
- Hayden, Kim
- Herin, Renee
- Herring, Frances
- Herring, Jeff
- Hess, Andrea
- Huple, Rhonda
- Holby, Krystel
- Hom, Savanna
- Hubbard, Mary
- Hughes, Charles
- Hunter, Bethany
- Ivie, Gabrielle
- Jean-Noel, Sasha
- Johnson, Mary
- Johnson, Murai
- Johnson, Rhonda
- Kaiser, Russell
- Kendall, Ann
- King, Lary A.
- King, Max
- Kitts, Robert
- Krafick, Richard
- Krecek Family
- Kruta, Kevin and Elle
- Kuhn, Jan
- Lambert, Amy
- Larsen, Brooke
- Larson, Michael
- Lawson, Daniel
- Lawson, Megan
- Leftwich, Beth
- Lewis, Rebekah
- Lomelle, Nick
- Lucero, Brayden
- Lux, Patty
- Massey, Gita
- Maurer, Jeffrey
- McFadden, Patricia
- McNeese, Brad and Ashley
- Melton, Aidan and Valerie
- Meritt, Chad
- Meyer, Lamy
- Midura, Megan
- Miller, Rachel
- Mishkin, Josh
- Moore, Bryan
- Moore, Chet
- Moore, Claire
- Moore, Joss
- Moore, Lennie
- Moore, Sharon
- Mortimer, Katherine
- Muse, Michelle
- Mustak, Silvana
-Neal, Kimberlee
- Newman, Elizabeth
- Noble, Stacey
- Nolte, Paul and Mindsy
- Nopper, Martin
- Norris, Pamela
- O’Connor, Kevin and Dorothy
- Ogle, Whitney
- Ott, Mary Ann
- Page, Cory
- Parker, Amy
- Parnell, Jean P.
- Parron, John J.
- Pearson, Bryan
- Peterson, Jana
- Phillips, Karina
- Plotkin, Catherine
- Porche Family
- Porter, Samantha
- Prudencio, Maritessa
- Raymond, Gina
- Recknor, Bob and Kay
- Reed, Thomas
- Reid, Tim and Wendy
- Reinhard, Tonya
- Roberson, Jessica
- Rollins, Ryan
- Rondeau, Marc
- Rubright, David
- Rush, Ashley
- Sarfan, Jody
- Saunders, Amy
- Scarborough, Andrew
- Schullery, Denise and David
- Shaw, Lynda
- Shepherd, Jammie and Mary
- Shomaker, Susan
- Slusher, Carol
- Smith, Donald and Beth
- Smith, Jennifer
- Smoak, Shelby
- Sotoyo, Stephen
- Spasojevic, Sarahbeth
- Spitzer, Yusun
- Stark, Jeff
- Stiefvater, Jodi and Allison
- Stoddart, Sandy
- Stone, David and Theresa
- Talmadge, Kelsey
- Taylor, Melissa
- Thomas, Kay
- Timmons, Seth
- Tobin, Kristine
- Utley, Marsha
- Valentino, Al and Marijane
- Valentino, David
- Valentino, Jason
- Valentino, Nicole
- Vaughan, Allison
- Vaughan, Barbara
- Walker, Amy
- Walker, Virginia Anne
- Ward, Jacques
- Waren, Daniel
- Waters, Kelly
- Webb, Allison
- Welshonce, Jeff and Debbie
- Welshonce, Michael
- West, Jeremy and Michele
- Wheatley, Barbara
- White, Charles
- White, John
- Wickline, Davida
- Willford, Deborah and Larry
- Wilson, Kenny
- Wilson, Martin
- Wilson, Randy and Marti
- Winkler, Jack
- Winstead, Faith
- Young, Barbara
- Zeak, Nicole
- Zielinski, Martha
NUWIQ®
Antihemophilic Factor (Recombinant)

Want to Learn More?

Contact your Octapharma Representative:

SUSAN SHOMAKER
PHONE | 703-302-0697
EMAIL | Susan.Shomaker@octapharma.com
Ways to Give Back

- Make a tax deductible donation to VHF anytime by going to vahemophilia.org and clicking on the red "Donate Now" button OR you can mail your donation to VHF at 410 N. Ridge Rd., Suite 215, Richmond, VA 23229 (make checks payable to Virginia Hemophilia Foundation).
- Purchase a Bravelet, these bracelets are inscribed with the words "be brave" and $10 from the purchase of each goes directly to VHF. bravelets.com/bravepage/virginia-hemophilia-foundation
- Shop smile.amazon.com and Amazon will donate a portion of the purchase to us. Use and share this link: smile.amazon.com/ch/54-1183181 so all your eligible shopping will benefit United Virginia Chapter of the National Hemophilia Foundation.
- Register your Kroger plus card at kroger.com/account/enrollCommunityRewardsNow add the VHF NPO # 85417 to your account, shop at Kroger, swipe your Plus Card every time you shop and VHF will receive the rewards!

Thank You Volunteers

We would like to thank all the individuals who volunteered their time and energy in 2015/2016 - we couldn’t do what we do without you!

How You Can Help

We have the expertise and experience to provide the needed programs and services, but we are continually in need of financial support to make this happen. Without that support, individuals with inherited bleeding disorders may not get the treatment and support they need. Please join us in helping make a difference in their lives so that they can lead a long, productive, and healthy life. Your Support Will Go A Long Way!

- $2000 pays for a Lyman Fisher College Scholarship
- $1000 supports Educational Scholarships for National Meetings
- $500 helps to send a kid to a week of Camp Youngblood
- $250 provides one family emergency assistance
- $100 supports member attendance at our annual state education meeting
- $50 pays for a lifesaving Medic Alert Tag
- $25 ensures gas cards are available for transportation to medical appointments

Ways to Give Back

- Make a tax deductible donation to VHF anytime by going to vahemophilia.org and clicking on the red "Donate Now" button OR you can mail your donation to VHF at 410 N. Ridge Rd., Suite 215, Richmond, VA 23229 (make checks payable to Virginia Hemophilia Foundation).
- Purchase a Bravelet, these bracelets are inscribed with the words "be brave" and $10 from the purchase of each goes directly to VHF. bravelets.com/bravepage/virginia-hemophilia-foundation
- Shop smile.amazon.com and Amazon will donate a portion of the purchase to us. Use and share this link: smile.amazon.com/ch/54-1183181 so all your eligible shopping will benefit United Virginia Chapter of the National Hemophilia Foundation.
- Register your Kroger plus card at kroger.com/account/enrollCommunityRewardsNow add the VHF NPO # 85417 to your account, shop at Kroger, swipe your Plus Card every time you shop and VHF will receive the rewards!
Leadership Begins With U

Introducing Leadership U, a paid summer internship* for full-time college students whose lives have been touched by hemophilia. Work alongside leaders at Bayer, while learning how to become a future leader in the hemophilia community.

*Includes lodging and transportation costs

Now Accepting 2017 Summer Internship Applications at the

LivingWithHemophilia.com/Lead

Applications are due no later than:
Tuesday, January 31, 2017 at 11:59 p.m. ET

Explore Bayer’s additional leadership opportunities, Step Up Reach Out and AFFIRM, at www.hemophilialead.net.
Indications
ELOCTATE® (Antihemophilic Factor (Recombinant), Fc Fusion Protein) is a recombinant DNA derived, antihemophilic factor indicated in adults and children with Hemophilia A (congenital Factor VIII deficiency) for: on-demand treatment and control of bleeding episodes, perioperative management of bleeding, and routine prophylaxis to reduce the frequency of bleeding episodes. ELOCTATE® is not indicated for the treatment of von Willebrand disease.

Important Safety Information
Do not use ELOCTATE® if you have had an allergic reaction to it in the past.
Tell your healthcare provider if you have or have had any medical problems, take any medicines, including prescription and non-prescription medicines, supplements, or herbal medicines, have any allergies, are breastfeeding, are pregnant or planning to become pregnant, or have been told you have inhibitors (antibodies) to Factor VIII.
Allergic reactions may occur with ELOCTATE®. Call your healthcare provider or get emergency treatment right away if you have any of the following symptoms: difficulty breathing, chest tightness, swelling of the face, rash, or hives.
Your body can also make antibodies called, “Inhibitors,” against ELOCTATE®, which may stop ELOCTATE® from working properly.
The most frequently occurring side effects of ELOCTATE® are headache, rash, joint pain, muscle pain and general discomfort. These are not all the possible side effects of ELOCTATE®. Talk to your healthcare provider right away about any side effect that bothers you or that does not go away, and if bleeding is not controlled after using ELOCTATE®.
You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see Brief Summary of Full Prescribing Information on the next page.
This information is not intended to replace discussions with your healthcare provider.
FDA-Approved Patient Labeling
Patient Information
ELOCTATE® [el'ok' tate / [Antihemophilic Factor (Recombinant), Fc Fusion Protein]

Please read this Patient Information carefully before using ELOCTATE and each time you get a refill, as there may be new information. This Patient Information does not take the place of talking with your healthcare provider about your medical condition or your treatment.

What is ELOCTATE?
ELOCTATE is an injectable medicine that is used to help control and prevent bleeding in people with Hemophilia A (congenital Factor VIII deficiency). Your healthcare provider may give you ELOCTATE when you have surgery.

Who should not use ELOCTATE?
You should not use ELOCTATE if you had an allergic reaction to it in the past.

What should I tell my healthcare provider before using ELOCTATE?
Talk to your healthcare provider about:
- Any medical problems that you have or had.
- All prescription and non-prescription medicines that you take, including over-the-counter medicines, supplements or herbal medicines.
- Pregnancy or if you are planning to become pregnant. It is not known if ELOCTATE may harm your unborn baby.
- Breastfeeding. It is not known if ELOCTATE passes into the milk and if it can harm your baby.

How should I use ELOCTATE?
You get ELOCTATE as an infusion into your vein. Your healthcare provider will instruct you on how to do infusions on your own, and may watch you give yourself the first doses of ELOCTATE.

Contact your healthcare provider right away if bleeding is not controlled after using ELOCTATE.

What are the possible side effects of ELOCTATE?
You can have an allergic reaction to ELOCTATE. Call your healthcare provider or emergency department right away if you have any of the following symptoms: difficulty breathing, chest tightness, swelling of the face, rash or hives.

Your body can also make antibodies called, “inhibitors,” against ELOCTATE. This can stop ELOCTATE from working properly. Your healthcare provider may give you blood tests to check for inhibitors.

Common side effects of ELOCTATE are headache, rash, joint pain, muscle pain and general discomfort.

These are not the only possible side effects of ELOCTATE. Tell your healthcare provider about any side effect that bothers you or does not go away.

How should I store ELOCTATE?
- Keep ELOCTATE in its original package.
- Protect it from light.
- Do not freeze.
- Store refrigerated (2°C to 8°C or 36°F to 46°F) or at room temperature (not to exceed 30°C or 86°F) for up to six months.
- When storing at room temperature:
  - Note on the carton the date on which the product is removed from refrigeration.
  - Use the product before the end of this 6 month period or discard it.
  - Do not return the product to the refrigerator.
- Do not use ELOCTATE after the expiration date printed on the vial or, if you removed it from the refrigerator, after the date that was noted on the carton, whichever is earlier.

After reconstitution (mixing with the diluent):
- Do not use ELOCTATE if the reconstituted solution is not clear or slightly opalescent and colorless.
- Use reconstituted product as soon as possible.
- You may store reconstituted solution at room temperature, not to exceed 30°C (86°F), for up to three hours. Protect the reconstituted product from direct sunlight. Discard any product not used within three hours.

What else should I know about ELOCTATE?
Medicines are sometimes prescribed for purposes other than those listed here. Do not use ELOCTATE for a condition for which it was not prescribed. Do not share ELOCTATE with other people, even if they have the same symptoms that you have.

44279-03

Manufactured by:
Biogen Inc.
Cambridge, MA 02142 USA
U.S. License # 1697
©2014-2016 Biogen. All rights reserved.

ELOCTATE® is a registered trademark of Biogen.
AFSTYLA®
Antihemophilic Factor (Recombinant), Single Chain

Visit AFSTYLA.com today
The Virginia Hemophilia Foundation’s (VHF) Bowling for Bleeding Disorders Fundraiser is scheduled for Saturday, March 4th from 2 pm to 4 pm at two locations: AMF Sunset Lanes in Richmond and AMF Lanes in Chesapeake. In order to bring awareness and attention to those living with an inherited bleeding disorder this event is hosted in March during Bleeding Disorder Awareness Month. We encourage everyone affected by an inherited bleeding disorder to spread the word about this awareness raising and community building fundraiser.

Bowling for Bleeding Disorders was developed to raise money to support Camp Youngblood at Camp Holiday Trails. Camp Youngblood is a weeklong camp designed to promote fun and learning for children and teens with bleeding disorders, their siblings, and children of those with bleeding disorders. This camp is offered at no cost to the campers, but it does cost VHF approximately $500 per camper for one week. Help us reach our goal of $5,000 this year by registering to bowl, creating and sharing your fundraising page, and making a personal donation. To register and/or donate visit tinyurl.com/VHFbowling2017. If you have any questions or concerns about the cost of participating and are interested in fundraising the cost of registration, please contact VHF at 804-740-8643 or admin@vahemophilia.org. Thank you for the support!

**Registration Fee:** Early Bird Special! $20 per person (until 2/4/2017 - price will increase to $25 after this date) $15 for ages 7 and under (until 2/4/2017 - price will increase to $25 after this date).

**Fee Includes:** 2 hours of bowling, shoe rental, t-shirt, food, treats, and more! Register by February 15th to secure your t-shirt order.

---

**Camp Holiday Trails**

VHF is proud to partner with Camp Holiday Trails (CHT) to offer the following programs in 2017:

**Family Weekend** - May 19 - 21, 2017
**Camp Youngblood** - July 23 - 28, 2017
**Teen Retreat** - October 6 - 8, 2017

**Online applications for Camp Youngblood are due on April 30, 2017.** For questions contact CHT’s Camp Coordinator, Chris Shifflett, campgood@campholidaytrails.org or by calling the camp office at (434) 977-3781, extension 304.
NHF’s Better You Know website is now live! Visit https://betteryouknow.org/ to learn more.

Offers a bleeding assessment tool to help men and women better understand if their symptoms mean they may have a bleeding disorder. It also has guidance on next steps to finding a provider and getting tested.

There are also pdfs for women to print and use in their path to diagnosis (healthcare diary, menstrual tracking chart, questions to ask your doctor).
VHF is proud to offer many scholarship opportunities for the Virginia bleeding disorders community. All applications and guidelines can be found on our website under the Programs & Services tab. As a reminder, we will NOT have a drawing for the NHF Annual Meeting at this year’s VHF Annual Education Meeting, so don’t miss out - Apply today!

**Scholarships to Attend National Meetings** These educational scholarships enable our community to come together and exchange information on a wide variety of topics, from the basics of diagnosis to the most relevant developments in treatment and technology. It is the premier opportunity for networking and support for individuals and families affected by bleeding disorders.


Meet with your elected officials and make your voice heard on issues that affect you! The scholarship covers registration and hotel expenses.

- **Lyman Fisher Scholarship** Deserving members of the Virginia bleeding disorder community and their families are eligible for a $2000 annual scholarship for secondary or higher education. Two $2000 scholarships are available. Applicants must live in the territorial jurisdiction of VHF and have prior participation with the chapter. Application Deadline May 1, 2017

- **Terry Lamb Enrichment Scholarship** The Terry Lamb Enrichment Scholarship focuses on leadership, volunteerism and/or health promotion. The scholarship can be used for any program (i.e. camp, educational/life skill classes, fitness programs or activities, etc.) that enhances one’s self-esteem, confidence, overall health, leadership skills, areas of interest, development of life skills, and volunteerism. This scholarship is year round and there is no deadline to apply.

"We had a great experience at the 2016 HFA symposium in Las Vegas. Being new to the hemophilia community, it was comforting to meet people of all ages with hemophilia B and to learn more about new products and other family experiences. We really enjoyed learning more about the history and how medical practice has changed. We feel extremely grateful for the changes and feel more positive about our sons future. Thanks again for everything VHF! We had an awesome time."

Kelsie Gail | VHF Member
Built on strength and experience. Powered by our commitment to you.

With over 60 years of dedicated history to the Hematology and rare disorders communities, Shire has even more resources to bring to the bleeding disorders community. Supported by the passion, commitment and innovation that make a difference, we'll continue to consistently pursue advancements in the treatment of bleeding disorders.

You can count on us because we're here … stronger than ever.
Virginia Hemophilia Foundation Calendar of Events 2017
Changes to the calendar are possible, call 804-740-8643 to confirm event details

January
15th - Advocacy Training and Richmond Days (Richmond)
26th - Educational Dinner “Emotional Well Being” (Tidewater Region)
31st - Scholarship Due for NHF Annual Meeting

February
16th - Educational Dinner (Richmond)
25th - Educational Dinner and Community Event (Norfolk)

March – Bleeding Disorders Awareness Month
4th - Bowling for Bleeding Disorders (Richmond and Chesapeake)
8th - 10th - NHF Washington Days (Washington DC)
10th - Educational Dinner and Community Event (Richmond)
16th - Women’s Night Out (Virginia Beach)
23rd - Educational Dinner (Roanoke)
25th - 26th - Adult Retreat (Richmond)

April
1st - First Step Program for New Families (Richmond)
6th - 9th - HFA Symposium (Providence, RI)
17th - World Hemophilia Day
20th - Educational Dinner (Tidewater Region)
23rd - Spring Fundraiser and Silent Auction at the Branch Museum (Richmond)
29th – Educational Lunch and Community Event (Charlottesville)
30th - Camp Youngblood Online Application Due

May
1st - Lyman Fisher Scholarship Application Due
4th - Educational Dinner (Roanoke)
7th - Educational Dinner and Community Event at Topgolf (Virginia Beach)
19th - 21st - Family Weekend at Camp Holiday Trails (Charlottesville)

June
1st - Educational Dinner (Richmond)
3rd - Batter Up Community Event at Harbor Park (Norfolk)
8th - Educational Dinner (Winchester)
23rd - 24th - Annual Education Meeting (Richmond)

July
23rd - 28th - Camp Youngblood at Camp Holiday Trails (Charlottesville)

August
5th - 6th Teen Weekend (Virginia Beach)
6th - Celebrate Summer Community Event (Virginia Beach)
10th - Educational Dinner (Western Region)
19th - Back to School Picnic (TBD)
24th - 26th - NHF Annual Meeting (Chicago, IL)

September
14th - Educational Dinner (Richmond)
23rd - 24th - Family Weekend at Great Wolf Lodge (Williamsburg)
28th - Women’s Night Out (Richmond)

October
6th - 8th - Teen Retreat at Camp Holiday Trails (Charlottesville)
12th - Educational Dinner (Williamsburg)
14th - Celebrate Fall Community Event (Western Region)
28th - Trick or Trot 5K and Fun Walk at Robious Landing Park (Midlothian)

November
11th - Educational Lunch and Community Event (Virginia Beach)
16th - Educational Dinner (Harrisonburg)

December
5th - Educational Dinner and Community Event (Richmond)
9th - HTC Winter Gatherings (Charlottesville, Norfolk, Richmond)
An injectable medicine used to control and prevent bleeding in people with hemophilia A.

**Novoeight®—designed to fit into your world**

![Image of a person swimming](image)

**Purity**
Two 20-nanometer filters used in a 5-step purification process.

**Portability**
Novoeight® offers the highest storage temperature for the longest time—up to 86°F for 12 months.

**Reliability**
In one of the largest clinical trials of a recombinant factor VIII to date, there were 0 inhibitors confirmed in 213 previously treated patients.

Visit [Novoeight.com](http://Novoeight.com) today to learn more.

Terms and conditions apply.

---

**Indications and Usage**

Novoeight® (Antihemophilic Factor [Recombinant]) is an injectable medicine used to control and prevent bleeding in people with hemophilia A. Your healthcare provider may give you Novoeight® when you have surgery.

Novoeight® is not used to treat von Willebrand Disease.

**Important Safety Information**
You should not use Novoeight® if you are allergic to factor VIII or any of the other ingredients of Novoeight® or if you are allergic to hamster proteins.

Call your healthcare provider right away and stop treatment if you get any of the following signs of an allergic reaction: rashes or hives, difficulty breathing or swallowing, tightness of the chest, swelling of the lips and tongue, light-headedness, dizziness or loss of consciousness, pale and cold skin, fast heartbeat, or red or swollen face or hands.

Before taking Novoeight®, you should tell your healthcare provider if you have or have had any medical conditions, take any medicines (including non-prescription medicines and dietary supplements), are nursing, pregnant or planning to become pregnant, or have been told that you have inhibitors to factor VIII.

Your body can make antibodies called "inhibitors" against Novoeight®, which may stop Novoeight® from working properly. Call your healthcare provider right away if your bleeding does not stop after taking Novoeight®.

Common side effects of Novoeight® include swelling or itching at the location of injection, changes in liver tests, and fever.

**Please see brief summary of Prescribing Information on following page.**

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

---

**Novo Nordisk**

![Image of the Novo Nordisk logo](image)

---

**22 FACTS N’ FACTORS | DECEMBER 2016**
About Facts N’ Factors

This newsletter is a service to the bleeding disorders community. The material provided in the newsletter is for your general information. VHF does not give medical advice or engage in the practice of medicine. We recommend that you consult your physician or treatment center before changing or pursuing any course of treatment.

Feedback and contributions to this newsletter are welcome and appreciated. Contributions in the form of letters to the editor, articles, member spotlights, and photographs can be submitted for publication by contacting Heather Conner via email at admin@vahemophilia.org.

Publisher Virginia Hemophilia Foundation
Editor Heather Conner
Executive Director Kelly Waters, LCSW, MSW