



Fitness Promotion Program

Blood Buddies, Inc. has established a Fitness Promotion Program (BBFPP) Fund for People with Bleeding Disorders of all ages!

Up to \$500 per application is available to pay for costs to enroll in fitness programs or activities, including: private lessons; fees to join an athletic team(s); cost of wellness training sessions; and to gain other fitness skills for an optimal quality of life.

Payments will be made directly to instructor/entity, and priority will go to a) individuals between the ages of 8-18, b) individuals participating in 'safe to moderate risk' according to NHF's Playing it Safe brochure (swimming, biking, hiking, golf, etc.), c) first time applicants.

Applicant must complete this form and return to designated Chapter to be eligible.

Please allow two weeks for processing applications and payments to be disbursed.

Detach Here

BBFPP Application Form

	Type of Activity	Dates of Activity
Name	Name of Instructor/Facility	
Address	Address	
City/State/Zip	City/State/Zip	
Phone	Email	Amount

- I agree to provide a picture and/or short description to Chapter following the completion of the program.
- I agree to consult with a physician/health care provider prior to beginning any fitness or wellness activity.
- This is the first time I have applied for the BBFPP.

Signature (Parent/Guardian if under 18)

Date